Bristol Cost of Living One City Response 22nd June 2023

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Principles:

- One City response building on the covid hubs response.
- Asset Based Community Development
- Social Justice respect, dignity & equity
- Immediate response & build resilience
- Learn as we go



Key stages

1

What do we know? Impact on Bristol

2

What have we got?
Our city assets

3

What can we do? Coordination and

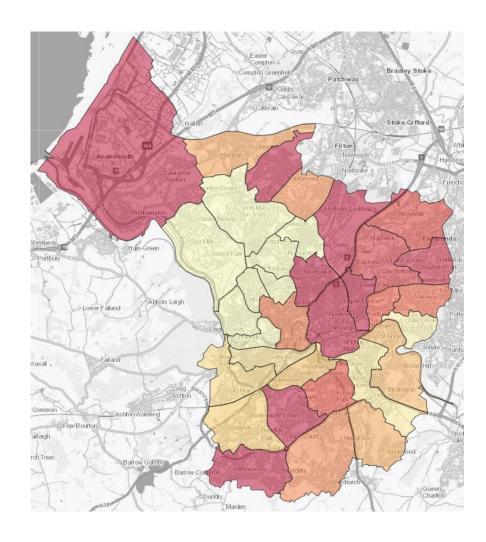
build on action



Impact

- Increased child poverty, fuel poverty, food insecurity
- Increased poor mental health and wellbeing
- Ward risk index
- Groups disproportionately impacted







Immediate emergency & welfare support

Maximising household income & reducing living costs

Keeping well

Community assets & community wealth building



Welcoming Spaces

A Welcoming Space is a place of connection already established in communities where people can meet-up and socialise. They offer an opportunity for people to come together and have access to basic support. Everyone is welcome to hang out and relax.

They will be physically accessible to Disabled people.

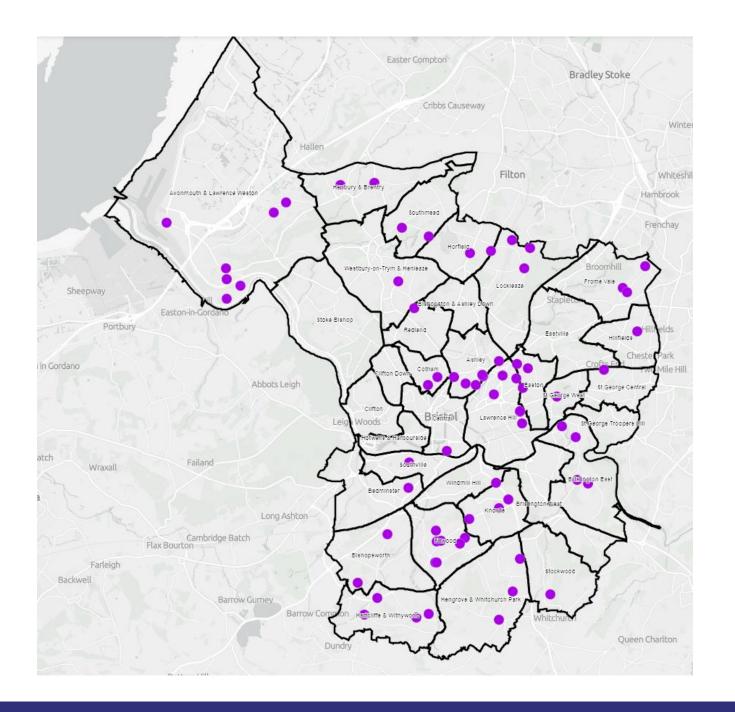
Any organisation can register and get their details added on to a map

We are working with Community Hubs to coordinate the response on a local level.

Community hubs: Coordination function for:

- -welcome spaces and identify gaps and work together.
- -Training and volunteering network.
- -Advice and wellbeing coordination.





107 Welcoming Spaces across Bristol!

Interactive map:https://bcc.maps.arcgis.com

You can **register your Welcoming Space** into the map: <u>Support the Welcoming Spaces network</u>

(bri:

Become a Welcoming Space











Welcome Spaces

We welcome the local community into our 'Welcome Space' to charge your phone, have a tea/coffee, play cards, puzzles, read the newspaper and relax!

> **EVERY MON, TUES &** THURS • 11AM-3PM







HILLFIELDS COMMUNITY HUB - THICKET AVENUE - BRISTOL - BS16 4EH CONTACT: INFO@HILLFIELDSCOMMUNITY.ORG FOR MORE INFO





WELCOME SPACE

5-7pm

Free Hot Meal & Drink

Warm Space

Children's activities

and talks from local services

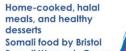
Save energy



BS5 OAX 2 0117 907 7994







- Somali Women's Group on Wednesdays
- Play area
- Free laptop and phone charging, and Wi-Fi
- A welcoming space to relax as long as you like!















. Free tea & coffee (self-serve) in our reception area

Two computers available to use (under 16's will need to be accompanied by an adult)





· Free resourses & leaflets



ONE CITY

Cost of Living Hubs and Welcome space Social Action Small Grants

4 rounds of fund March -June

- £20K for Hubs(18 hubs).
- Small Grants of up to £5000
- To support community activities and Welcoming Spaces
- Examples: After school drop ins; weekend art workshops for Muslim women; door knocking with advice; CoL crisis workshops at food club.
- 55
- For more info: <u>Social Action Small Grant (Quartet)</u>



Can Do Bristol - Volunteering

- <u>Can Do Bristol</u> connects people living in Bristol who want to **find volunteering opportunities** to charities that have posted on the website volunteering activities.
- We have created a specific volunteering community response page on the website which show cases any volunteering activities focused on the Cost Of Living Crisis.



Cost of Living Advice Assistant (Volunteer) -Urgently need daytime volunteers! Citizens Advice Bristol



Welcomer Volunteer Pack (4 documents)

CoL Volunteer
Welcomer Pack
Introduction
(for orgs)

Volunteer Welcomer Risk Assessment (for orgs) Volunteer Welcomer Role Guidance (for orgs and vols) Volunteer Welcomer Role Description (for orgs and vols)



One City approach



Advice Sector Response

The advice sector has been working alongside Bristol City Council, partners, health and mental health stakeholders and community groups to coordinate the city's response to the cost of living crisis.

Our 'One City' focus has been to ensure that citizens have access to advice and support in the Welcoming Spaces this winter.



Cost of Living Caseworkers

- Citizens Advice Bristol's Cost of Living Advice Assistants will be volunteering in the Welcoming Spaces.
- North Bristol Advice Centre Debt and Benefit advice
- South Bristol Advice Service Debt and Benefits advice
- Age UK Bristol Benefit and financial capability advice for those
 55yrs and over
- WECIL Benefits advice for those with a disability or longer term health condition



Advice Coordinator

- Intense initial period meeting people & groups, visiting spaces - to allocate advice capacity appropriately
- Working with Community Trainer and CAB
- Building relationships within and between sectors
- Mapping existing services including those 'off site'
- Supporting communications work and horizon scanning



Mental Health and Emotional Wellbeing

- Impact of cost of living
- Comms
- Welcoming Spaces and existing wellbeing activities
- Mental health and wellbeing training via CASS Bristol
- Thrive at Work West of England
- CASS Bristol resources and wellbeing drop-ins
- 3 mental health workers starting December
- Wellbeing Groups









Our Wellbeing Groups – Changes Bristol

Free

Remove all barriers

Same time and place each week

No GP referral / diagnosis required

No time limit





Sustainability and long-term energy

• Build individuals' and communities resilience.

Anti -poverty campaign.

• One city many communities model.

Q&A

