

Stockton-on-Tees Borough Council



Stockton-on-Tees
BOROUGH COUNCIL

Environment and Housing

Big plans for our places and open spaces

APSE Northern Regional Seminar

2nd June 2017

**Delivering health & wellbeing through the
provision of front line services**

Anita Brown

- The importance of a hot nutritious meal to education
- Tackling child poverty through health and nutrition
- Long term health benefits of educating children on healthy eating
- Getting the message to the wider community

- Alternative ways for school meal provision
- Menu development in line with SFS
- Whole food school policies
- Increasing take-up
- Staff training and moral
- Pupil focus groups
- Understanding pupils and their needs

School food plan (Summer 13 – Spring 16)

- Improve food in schools
- Growing – Cooking – Eating
- Clear and measurable improvements
 - Nutritional healthy food
 - Reduction in junk food
 - Improved packed lunches

SFP Points

- Cooking into the curriculum
- Introduction of the food based standards
- Self sufficient breakfast clubs
- Improve the image of school food
- Improve the skills of the workforce
- Government recommendation - FSM



Making the Change

- How do we get children eating healthy nutritious meals in schools?
- What more needs to be done to make these meals available to all pupils?
- What role should cooking and food play in schools?
- How do we get this message to parents and the wider community?

What can be offered

- Mid morning breaks
- School lunch
- Taster days



What can be offered

- Breakfast clubs
- Afterschool tea clubs
- Parent cooking clubs



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The wider community

- Holiday Hunger
- School/Sports facilities
- Community Involvement

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