



South Lanarkshire Council

Anne Goldie
Facility Services Advisor

The 'Go Fresh' Journey

- **Challenges**
- **Consultation**
- **Outcomes**

Consultation



- Pupils
- Parents
- Catering staff
- Educationalists
- Nutritionists
- Suppliers
- Health promotion groups

Outcomes

- **Competing with the High Street**
- **Training -The catering staff had to be our front line salespeople**
- **Education Scotland Expectations**

Competing with High Street



Menu

Breakfast Service	Lunch Service
<p>Breakfast Menu to order</p> <p>Toast, jam and hot cereal 35p</p> <p>Hot Fruit roll 20p</p> <p>Sausage roll 25p</p> <p>Waffle roll 25p</p> <p>Fresh Fruit Bag from 20p</p> <p>Fresh Fruit 20p</p> <p>Hottey hottey 45p</p> <p>Fresh yogurt from 35p</p> <p>Drinks</p> <p>Hot chocolate (light) 45p</p> <p>Souppress 20p</p> <p>Milk - plain/strawberry 30p</p> <p>Fresh Fruit juice 45p</p>	<p>Hot Fries</p> <p>Beef and onion 55p</p> <p>Fresh Fruit pot 55p</p> <p>Beef Mince 55p</p> <p>Vegetarian options available</p> <p>See Menu Board for details</p> <p>Hot Sandwiches</p> <p>Fresh Tuna & potato roll from 55p</p> <p>Hottoe Mince sandwich 55p</p> <p>Spiced Potato roll 55p</p> <p>Pastry 55p</p> <p>Cold Sandwiches</p> <p>Fresh Tuna/salmon from 75p</p> <p>Fresh Tuna/egg from 75p</p> <p>Salmon & Avocado 55p</p> <p>Hottoe Mince 55p</p> <p>Hottoe Mince 55p</p> <p>Spiced Potato roll 55p</p> <p>Desserts/Drinks</p> <p>Fresh Fruit from 20p</p> <p>Fresh Fruit bags from 20p</p> <p>Fresh fruit pots from 20p</p> <p>Hottey hottey 45p</p> <p>Milk, plain/strawberry 30p</p> <p>Hottey hottey 45p</p> <p>Hot chocolate drink from 45p</p> <p>Smoothies 75p</p>

Mid Morning Break

Hot Fruit roll 20p	Hottoe Mince 55p
Sausage roll 25p	Spiced Potato roll 55p
Waffle roll 25p	Pastry 55p
Fresh Fruit Bag from 20p	
Fresh Fruit 20p	
Hottey hottey 45p	
Fresh yogurt from 35p	

Drinks

Hot chocolate 45p	
Milk - plain/strawberry 30p	
Fresh Fruit juice 45p	
Buttered water from 30p	
Hot chocolate drink from 45p	
Smoothies 75p	

Meal Deals & 1.20
(available daily)
See menu board for daily specials

The GOfresh Cafe is a proud member of the Lanarkshire Food Bank, 200 High Street, Glasgow G1 1AA. www.lanarkshirefoodbank.org.uk

Competing with High Street



Go Fresh
café

Deli Bar
Build
your own
baguette

Plus
a bottle of water
or fresh fruit

**For only
£1.20**

For more information or if you need this information in a different
format or language, please phone 01459 422204 or email
jerry.dunn@scot.nhs.uk or visit
www.scot.nhs.uk



Go Fresh
café

**Rice and
Spice Bar**

Hot, spicy snack pot
served with selection
fresh sauces daily

Plus a bottle of water or fresh fruit

For only £1.20

A taste of Europe and Asia

Each day is themed differently to feature
Chinese, Indian, Italian, Mexican
For more information or if you need this information in a different
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Go Fresh
café

Pick a Portion
Choose from a selection of fruits

- Apple
- Banana
- Grapes
- Melon
- Orange
- Pineapple

only 60p

Include 500ml bottle of water 90p

why not...
add yoghurt?

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Branding

**'Go Fresh
Gang'**



**Visiting
schools**

'Go Fresh' promise

Go Fresh Gang's six promises for active healthy children:

Alan Apple's promise: *All meals are freshly prepared each day with seasonal produce*

Colin Carrot's promise: *Our meals are free from undesirable additives and trans fats*

Sally Strawberry's promise: *Portioned seasonal fruit is available daily*

Becky Broccoli's promise: *Our three week menu has been nutritionally analysed and is compliant with The Schools (Health Promotion & Nutrition) (Scotland) Act 2007*

Pete Potato's Promise: *Unlimited vegetables, salad, bread and fresh chilled water are available with all meals*

Gaz Grape's promise: *Pre-order and guarantee the meal of your choice*

Competing with High Street



Go Fresh Cafe Menu 2010-2011

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Fruit Smoothie, Fruit Salad, Fruit Smoothie, Fruit Salad, Fruit Smoothie, Fruit Salad	Breakfast: Fruit Smoothie, Fruit Salad, Fruit Smoothie, Fruit Salad, Fruit Smoothie, Fruit Salad	Breakfast: Fruit Smoothie, Fruit Salad, Fruit Smoothie, Fruit Salad, Fruit Smoothie, Fruit Salad	Breakfast: Fruit Smoothie, Fruit Salad, Fruit Smoothie, Fruit Salad, Fruit Smoothie, Fruit Salad	Breakfast: Fruit Smoothie, Fruit Salad, Fruit Smoothie, Fruit Salad, Fruit Smoothie, Fruit Salad
Salad: Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad	Salad: Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad	Salad: Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad	Salad: Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad	Salad: Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad
Hot Food: Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad	Hot Food: Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad	Hot Food: Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad	Hot Food: Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad	Hot Food: Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad, Fruit Salad
Drinks: Fruit Smoothie, Fruit Smoothie, Fruit Smoothie, Fruit Smoothie, Fruit Smoothie, Fruit Smoothie	Drinks: Fruit Smoothie, Fruit Smoothie, Fruit Smoothie, Fruit Smoothie, Fruit Smoothie, Fruit Smoothie	Drinks: Fruit Smoothie, Fruit Smoothie, Fruit Smoothie, Fruit Smoothie, Fruit Smoothie, Fruit Smoothie	Drinks: Fruit Smoothie, Fruit Smoothie, Fruit Smoothie, Fruit Smoothie, Fruit Smoothie, Fruit Smoothie	Drinks: Fruit Smoothie, Fruit Smoothie, Fruit Smoothie, Fruit Smoothie, Fruit Smoothie, Fruit Smoothie



Staff Training



TRAINING



Promoting Excellence in Food Hygiene

ROSPA GOLD



ROSPA
Gold Award

Education Scotland Expectations

- Menu packs in each school kitchen
- Service counter standards
- Classroom menu planners
- BEBL Joint Declaration
- Gofreshgang@southlanarkshire.gov

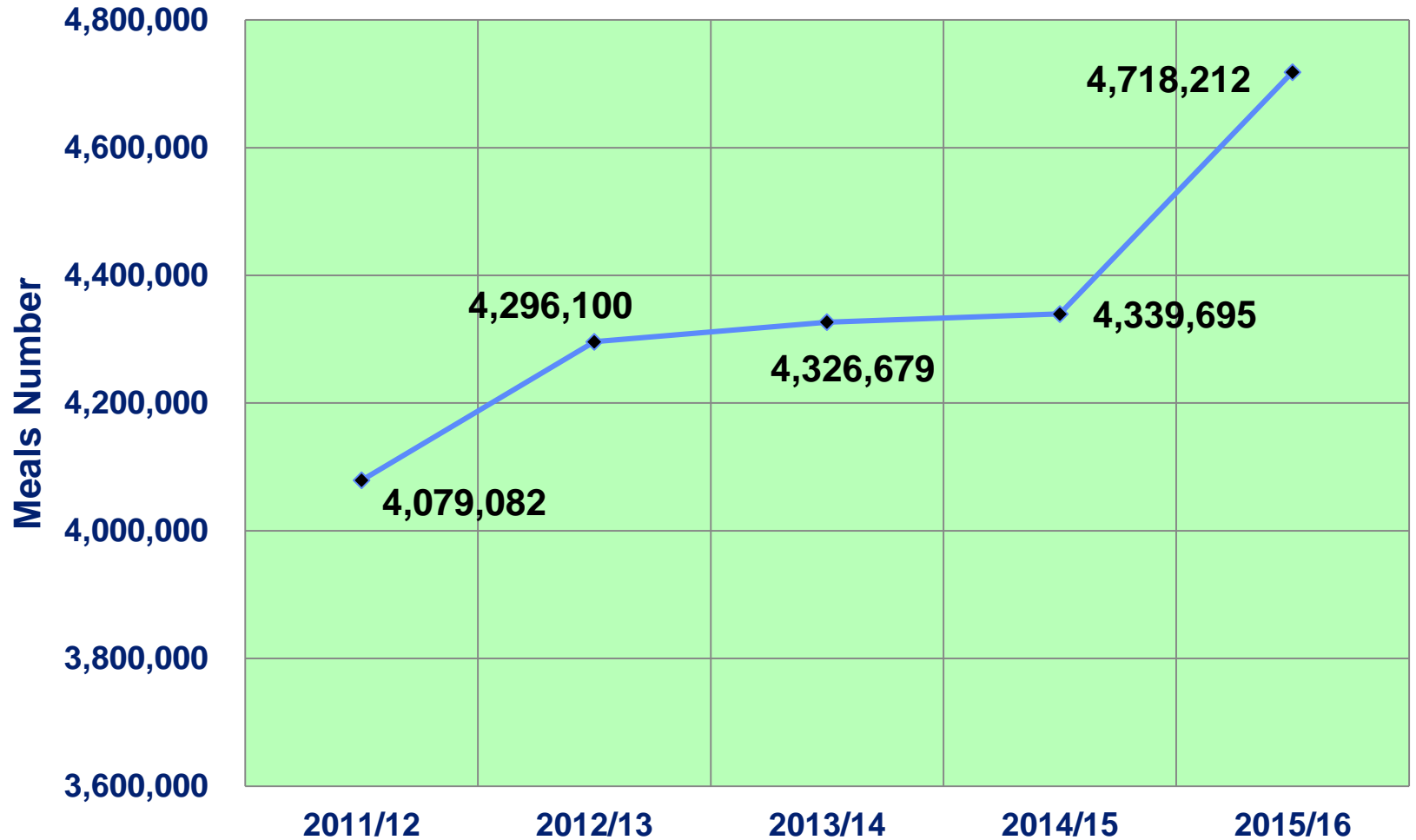
'KIDOLOGY'



'The great thing about the engagement of the Catering Staff on these days is the sense of enjoyment they communicate to the school population'.

Eddie Morrison. HT JOHS

Meal Uptake - Success



● **Any Questions ?????**