

## Net Zero & Physical Activity

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## Introduction

- The wider context of leisure & climate change
- Case studies and future leisure plans to tackle climate change
- Key points to consider in meeting Net-zero targets





## The wider context of leisure & climate change

- Carbon emissions from leisure
- LGPAP research & position statement
- Vital public service



# Case studies and future leisure plans to tackle climate change

- Asset investigation
- Trajectory reports
- Energy audits
- Retrofit vs new building
- Heat pump considerations
- PSDS funding England, Scotland new PSDS announced, Salix energy efficiency Wales

#### Table 3 ASHP System Cost

| ltem | Description                                  | Costs    |
|------|--|----------|
|      |  |          |
| 1    | Preliminaries                                | £29,000  |
|      |  |          |
| 2    | ASHP and Plant Room                          |          |
|      | Construction of External Compound            | £108,000 |
|      | Heating Air Source Heat Pump(s)              | £510,000 |
|      | Acoustic Attenuation                         | £44,000  |
|      | Buffer Vessel(s)                             | £15,000  |
|      | Heating Primary Pump(s)                      | £49,000  |
|      | Heating Secondary Pump(s)                    | £40,000  |
|      | Pressurisation Unit(s) & Expansion Vessel(s) | £10,000  |
|      | Plant Room Pipework, Valves, & Ancillaries   | £90,000  |
|      | Automatic Controls, Control Panel & BMS      | £70,000  |
|      | Electrical Works                             | £37,000  |
|      |  |          |
|      | Interconnecting Pipework to Plant Room       | £9,000   |
|      | Builders' Work                               | £73,000  |

| 3  | HEATING DISTRIBUTION                           |            |
|----|--|------------|
|    | Removal of Existing Building Plant & Equipment | £28,000    |
|    | Heat Emitters (Radiators)                      | £82,000    |
|    | Distribution Pipework                          | £76,000    |
|    | New AHU Heating Coils                          | £60,000    |
|    | Heat Exchangers for Pools                      | £28,000    |
|    |  |            |
| 4  | Upgrading Main Incoming Electrical Supply      | £100,000   |
|    |  |            |
| 5a | Testing & Commissioning                        | £10,000    |
| 5b | Demonstration & Training                       | £2,000     |
| 5c | Record Information                             | £3,500     |
|    |  |            |
| 6  | Contingency Sum                                | £148,000   |
|    |  |            |
| 7  | Works Budget Total                             | £1,621,500 |
|    |  |            |
| 8a | APSE Design Fees                               | £146,000   |
| 8b | APSE Project Management Fees                   | £73,000    |
|    |  |            |
| 9  | Project Budget Total                           | £1,840,500 |
|    |  |            |



# Key points to consider in meeting Net-zero targets

- Carbon emissions from facilities
- Active travel
- Mental health, social prescribing, outdoor exercise
- EV car clubs based out of leisure centres, car parks there already
- Ebike hubs, bike libraries, repair and lend
- Outdoor pools pool covers



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## Questions?

www.apse.org.uk



### **Contact details**

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