

Hugh White, Director of Sport & Culture Nottingham City Council



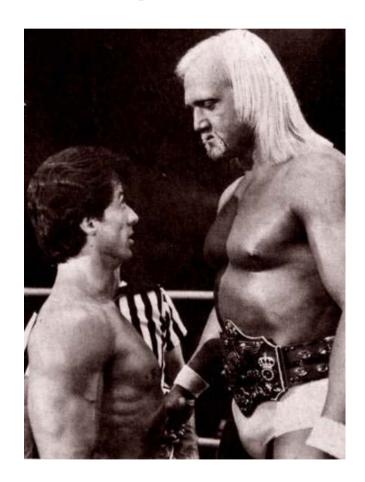
## Welcome to Nottingham ......

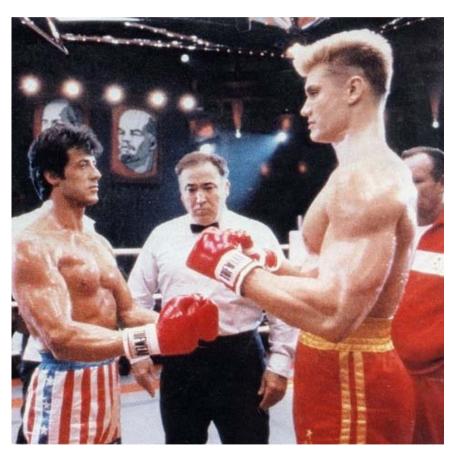
- The City
- The Landscape
- A Reflective Journey
- The Approach
- The Challenge



## Nottingham

....a city that punches above its weight?



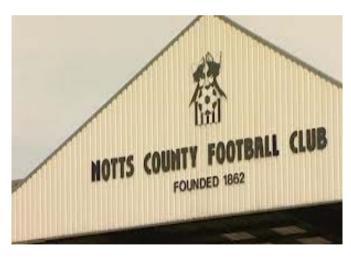




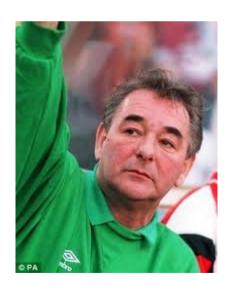
# Nottingham





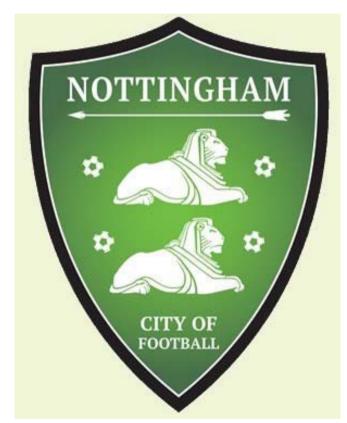








# Nottingham







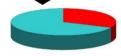
## Nottingham's Population



1 in 8 of our population are students<sup>1</sup>

England 42% Nottingham 32%





Population aged 45 years and above

50% of our population is under 30



years old

Source of data: Census 2011 unless otherwise indicated 1. 15% full time students aged 18 and over

7.8% of households have no members who speak English as a main language



12.7%
of our city
population
moved to the UK
since 2001

18% have a long-term activity limiting illness or disability

**35%** of our population are from Black and Minority Ethnic Groups

2. Source ONS Mid Year Estimates 2014

314,300 people

Over 2 in 5 households do not have access to a car





Highest level of bus use per head outside of London

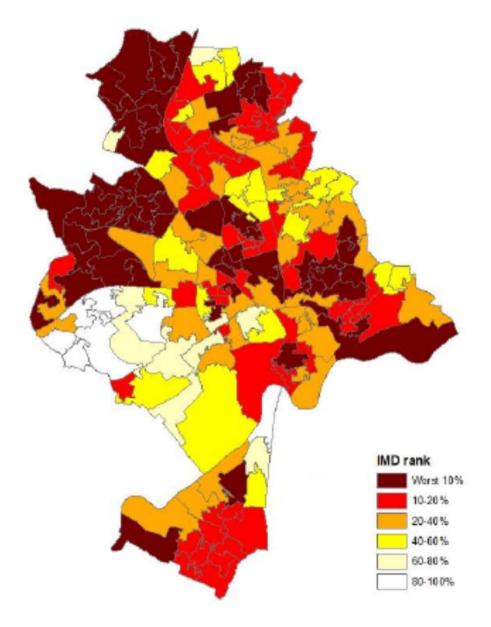
13th



highest unemployment rate in the country

3. Source Department of Work and Pensions 2015

#### **Nottingham's Indices of Deprivation**

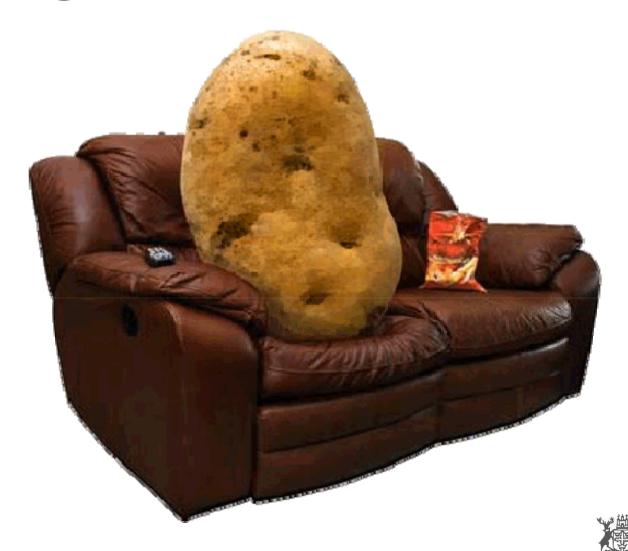


 Nottingham ranks 8<sup>th</sup> out of 326 districts

• 61 of the 182 super output areas fall amongst the 10<sup>th</sup> most deprived in the country



## Nottingham's Health



## Nottingham's Health

21.7% (70,000) adults are obese



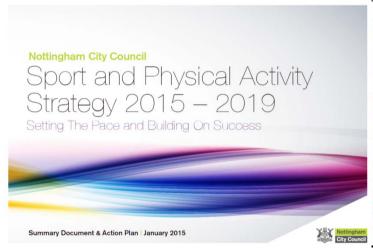
18.2% (55,000) people have a long standing or limiting disability or illness

Nottingham has higher than average health problems for every age group except 16-24 years.

84% of children are not meeting the 1 hour of physical activity per day.

## **Nottingham Landscape**

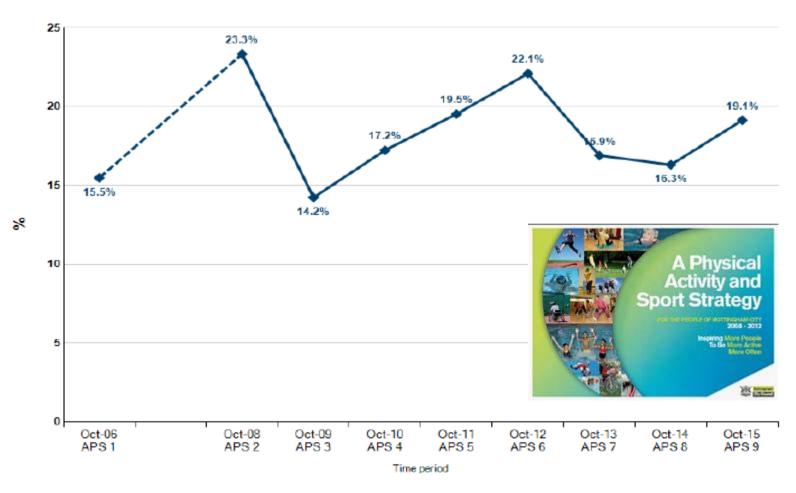
- Strong Political Leadership and Buy in
- Mapped out Strategic direction
  - ✓ Sport & Physical Activity Strategy
  - ✓ Playing Pitch Strategy
  - ✓ Breathing Space Strategy







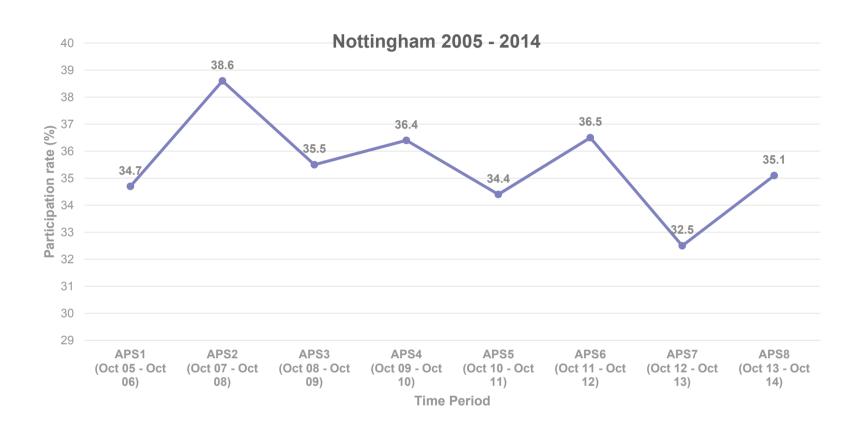
#### Nottingham Activity Levels 3 x 30 mins



• 19.1% are active 3 x 30 mins per week



#### Nottingham Activity Levels 1 x 30 mins



- 36% are active 1 x 30 mins per week
- 32% are inactive or sedentary



## The Nottingham Way

**☑**Sport

**☑**Parks

**☑**Culture

**☑** Events

**⊠**Health

 Tried to work differently and influence some exciting and different opportunities for change.

 We are starting on that journey with health and must remain confident to see improvements through challenging times ahead.



#### A Reflective Journey

- 2004 Leisure Transformation Programme
- Best Value Review "Fewer Better Quality"
- Done 'hard yards' in funding large scale facility improvements despite challenging climate

- Have taken 49% out of the Sport & Leisure, 30% from Parks, 51% from Culture budgets over last 5 years
- Senior Management resource has halved
- We were 'fat', now more efficient



#### A Reflective Journey

- 2006/8 combined sports development and leisure centre operation, and parks and open spaces – interesting dynamics.
- 2012 brought voluntary sector sustainability into the service; 46 community buildings.
- 2013 integrated Sport & Culture
- 2014/15 Commercialisation agenda adopted
- 2016 Remains in-house services
- By 2020 Councils will only have funds for statutory services

#### **Old Facilities / Sale and CAT**









## **Alternative Use**











#### **Leisure Transformation**







## **Leisure Transformation**









## Parks and Open Space

- 22% of the space within the city boundary is accessible green and open space
- Unsafe, unattractive and uninspiring parks and playgrounds







## Parks and Open Space

- £28.7 million, through bids, commercial activities and partnerships.
- Expenditure reduction: £8 million to £6.3 million over last 5 years
- 22 Green Flag Awards
- 93% Customer satisfaction



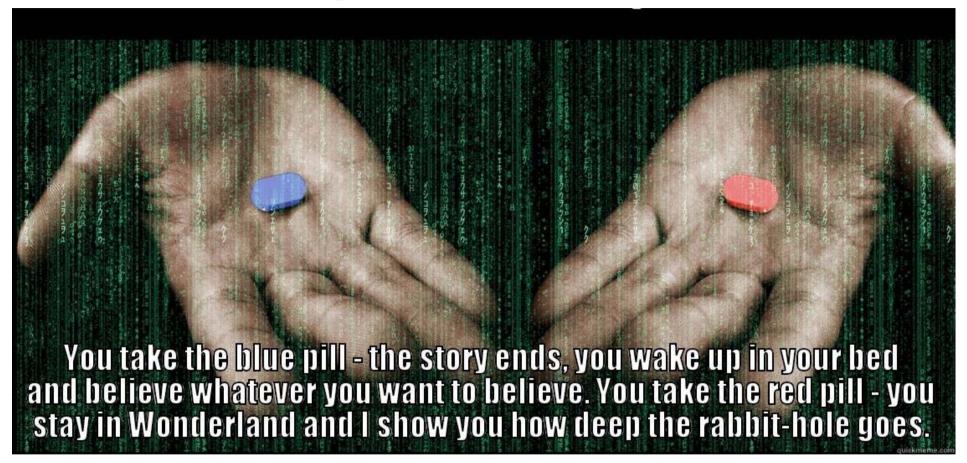


## Parks and Open Space

- Park Ranger service providing an on-site presence and activity provision
- 2,300 Community Volunteers; 200 sessions
- 2015 Coca-Cola Parklives Programme;
   15,000 attendances across x19 parks,
   x450 activity sessions



## The Nottingham Approach



## **Traditional versus Risky**



## Traditional versus Risky

- Nottingham has decided that doing the traditional was not making the step change
- Risk Taking we were allowed
- Crash Test Dummy
- Creative, Innovative, Collaborative
- Others taking risks with our support?



## Nottingham Approach



If Collaboration is such a good idea why is it so hard to do?



#### Collaborating

Working with people of organisations for a special purpose, unite, combine, 'team up'.

#### Cooperating

Working together for a particular purpose, involves commitment.

#### Coordinating

Making different things work together effectively; involves time, effort, resources.

#### Networking

People interacting, exchanging info, professional social contacts.



## Cows, Sheep and Cats!







- What motivates people to move?
- Study and understand the animal itself!
- Valuable clues in the behaviour; makes collaboration much easier process.
- Need different strategies for moving people.
- Leading, Herding, read the signals!



## **Nottingham Case Studies**

(Risky, Collaboration)



## **Forest Sports Zone**



- £1.8 million Forest Sports Zone
- 10<sup>th</sup> most deprived ward in England Community builds bridges, reduces tensions.
- Cited by the FA, Premier League and Football League as national best practice



#### Field of Dreams









- £432,000 in grant funding
- £350,000 generated through 60 business partners
- Professional services, goods, manpower and resources either free of charge or at below cost.

#### Sport Wednesdays — Ways of Working





- New ways of working with NGB's and partners
- Cross-sector collaborations
- Everyone on same page, one conversation
- Working not meeting environment
- Access capabilities, limitations, opportunities
- Quality of relationships defines the quality of the outcomes

## **Nottingham City of Football**



- A 2 year title, a 10 year change programme
- £1.6 million to test new ways of getting people to find their football





## **Nottingham Major Events**



 Comprehensive Partnership - City Major Event Programme



#### Be Fit Slide

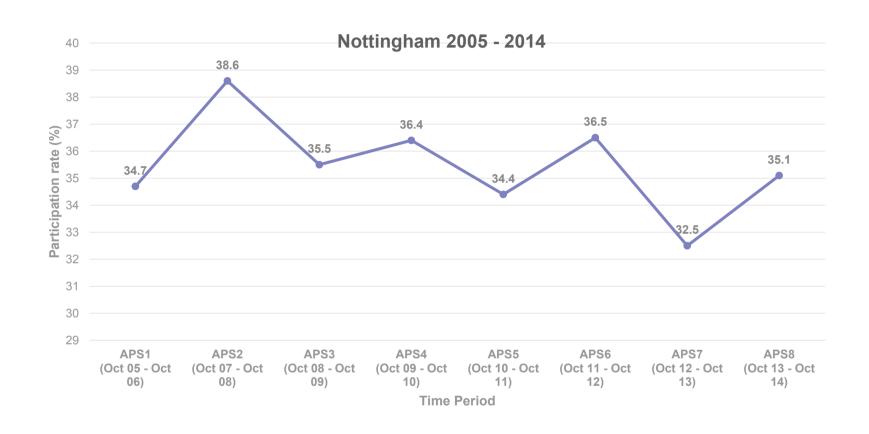








#### The Challenge Remains 1 x30 mins



- 36% are active 1 x 30 mins per week
- 32% are inactive or sedentary



## The Challenge

- How do we get people to move in Nottingham and be more active?
- 32% Sedentary
- 50.9% of the city's inactive adults want to take part in sport and physical activity.







## The Challenge

- Nottingham is on a journey of change
- Health and Physical activity seen as a strategic partner
- Physical activity seen as our greatest defence against ill health and disease
- A focus and priority as we learn to tackle inactivity



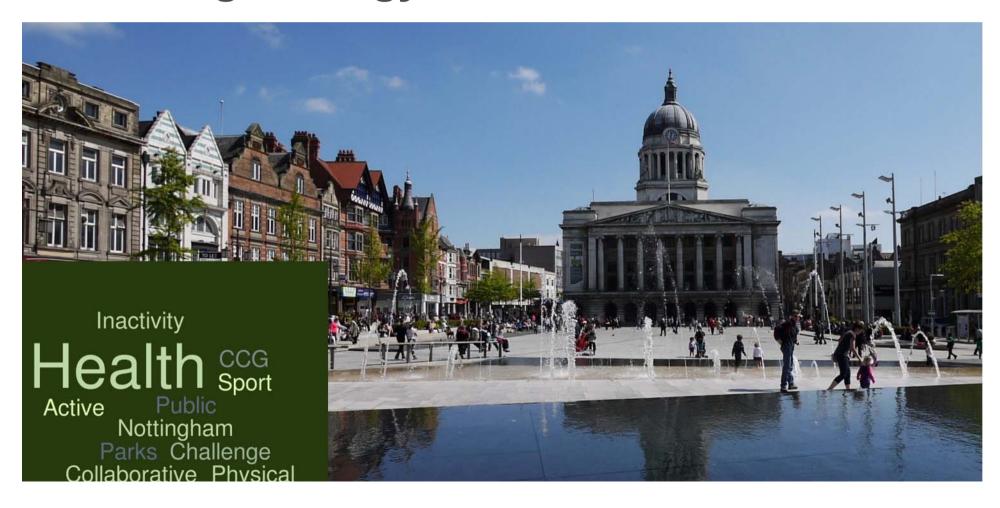
## **Steps so far 2015/16**

- July 2015 Birmingham Visit
- Chief Cultural and Leisure Officers' Association CLOA
- Self Appraisals
- Establish Baseline
- Feb 2016 Leader's Health Summit
- Pledges
- New Health and Well Being Strategy out for consultation



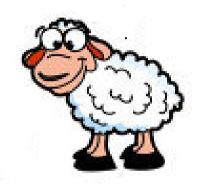
## **Steps so far 2015/16**

 March 2016 - New Health and Well Being Strategy out for consultation



## The Challenge







# What makes Nottingham people move?



## The People

- Our business is people driven so we need to understand people better
- Understanding inactive people, changing the offers
- Improved Learning and Insight
- What works to change behaviours?
- Reframing Messages Sport or Physical Activity by another name



## **Examples**

 Beat the Streets - A walking, cycling and running challenge Nottingham Spring 2016



- Community Sport
- Tennis
- Archery





## Summary



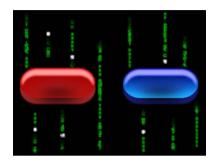
- Nottingham is in the first round
- No passes as yet



## Summary

- □Lead on
- □ Directly Deliver
- □Broker and Support
- □ Influence





# Nottingham will continue to choose the red pill

