Sheffield's Parks and Countryside

Over 800 green spaces across 4000 hectares including...

- 13 city parks
- 20 district parks
- 50 local parks
- 342 local green spaces
- 181 woodlands
- 81 allotment sites
- 262 Nature Conservation sites
- Over 100 playgrounds
- Part of Sheffield's region is within the Peak District boundary



# Parks Planning For a step change in activity levels

Investment

Public Health S106/CIL External

Master Planning & Parks Redesign

**Active Parks** 

Engagement
Communities &
Stakeholder
(internal & external)

**Better Parks** 

Recreational & sports facilities renewal

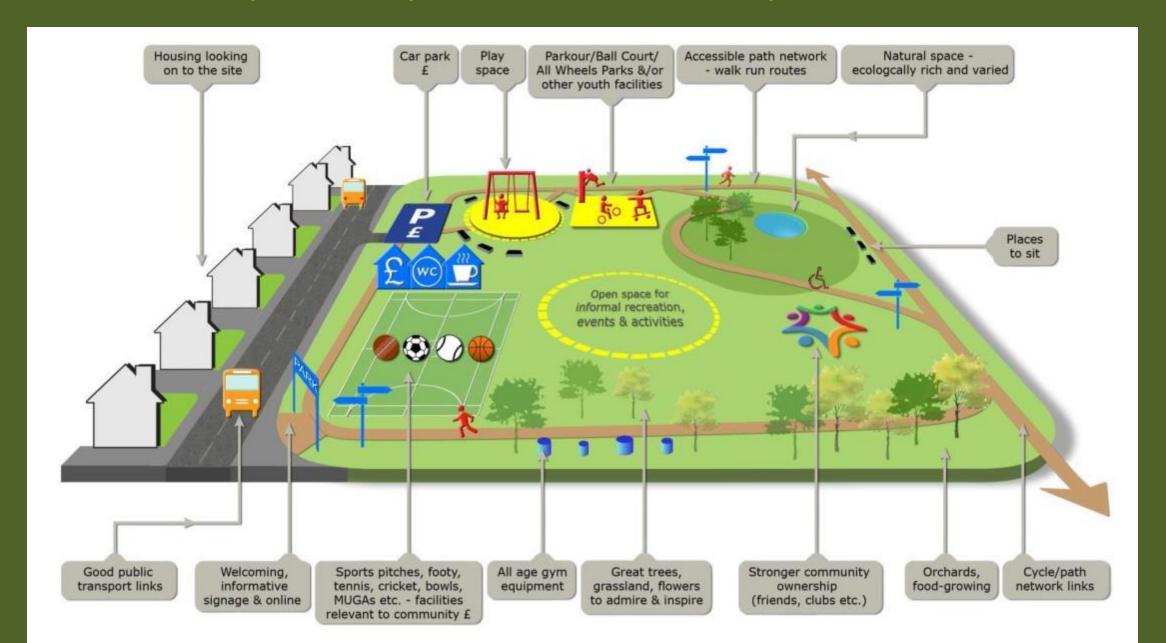
**Evaluation** 

Quality standards
Health Impacts
Satisfaction

- £1.98m S106 approved
- £1.3m Public Health
   Funding (year 1
   delivered, year 2
   allocated and in Delivery,
   year 3 allocated)
- External funding

## Active Parks (Creating community health hubs)

Well designed & managed with a brew, a loo and things to do for all abilities





## Why Public Health Investment in Parks?

- People want parks
- Councillors want to support parks
- They are in trouble funding wise
- Do we spend our resources on things most likely to achieve our goal?
- Do we build core "health" activity into parks?
- Desire to tackle funding challenge
- Health inequality
- Green Space Quality inequality

parks and bike lanes vs cath labs and cancer drugs. The value of different forms of investment

å gregfell500 
☐ Uncategorized 
☐ October 1, 2016 
☐ 7 Minutes

Parks are a social good. Almost everyone accepts that. Yet they are under pressure. The Heritage Lottery Fund tell us this annually. NESTA and many others are rethinking parks. 38 Degrees write to me about three times a week asking me to sign petitions to protect parks. Id expect millions have done so



A review of impacts and effectiveness





#### Our mission

Ensure that everyone (individuals, families and communities) living in Sheffield has the opportunity, environment and human capital to be sufficiently physically active as part of their everyday life, to benefit their health and wealth.

"Changing the way we do things round here"

#### Our six outcomes



#### **Empowered Communities**

Engaged and empowered communities who take responsibility and ownership of 'changing the way we do things round here' in terms of physical activity.



#### Active Environments

Sheffield is a city designed to make it easier for people to be physically active as they go about their daily lives.



#### Active People and Families

Citizens and communities are better informed, more connected, feel a greater sense of self-efficacy and move more as a normal part of daily life.



#### Activity as Medicine

Sheffield's healthcare system commissions, values and promotes physical activity as a viable treatment option.



#### Active Schools and Active Pupils

Sheffield children are provided with a positive experience of physical activity through the physical, social and educational environment of the school.



#### Active Workplaces and an Active Workforce

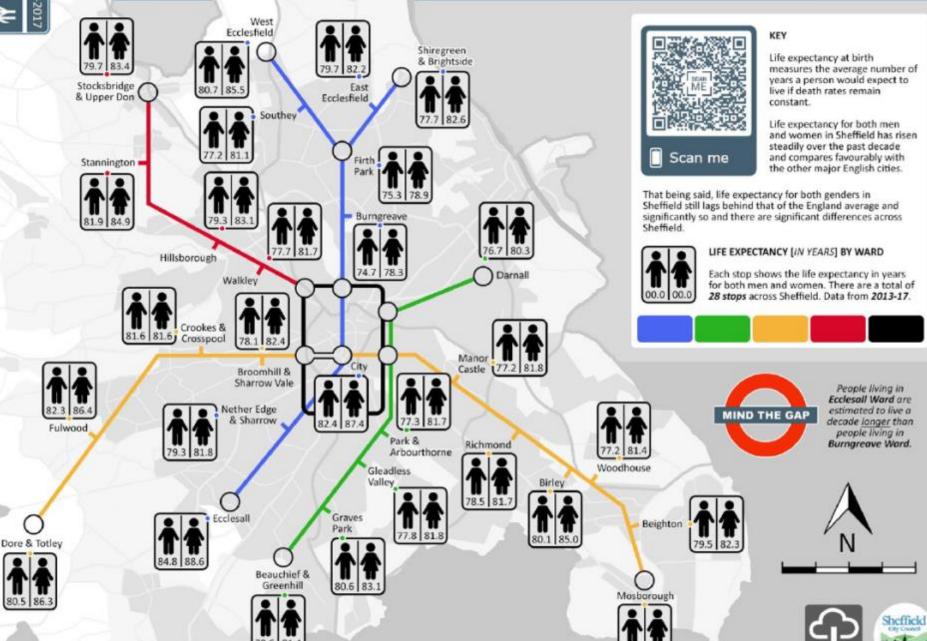
Places that create environments and policies, and provide support, to enable employees (and those seeking work) to move more as part of their working day to improve health and create wealth.



### Z013-Z017 **2013-**Z017

PAGE

#### LIFE EXPECTANCY FOR SHEFFIELD





Better Parks is a new initiative by Sheffield City Council inviting creative, civic-minded entrepreneurs and businesses to share ideas and explore potential options that will enhance visitors enjoyment of parks, woodlands and green spaces.











## Ideas for New Ventures

- Cafes/restaurants
- Bike hire
- Bakeries
- Mobile caterers
- High ropes
- Zip lines
- Forest schools
- Events
- Climbing
- Animal farm
- Farm shop
- Camping

- Fitness classes
- Yoga/wellness studios
- Community centres
- Children's rides
- Eco tourism
- Art exhibitions
- Paintball
- Food markets
- Craft stalls
- Wedding venues
- Picnic areas
- Sponsorship of sites

Any initiative that adds social and economic benefit, whilst delivering a better service for Sheffield's parks and green spaces.

## Recreational Facilities: Transforming Spaces



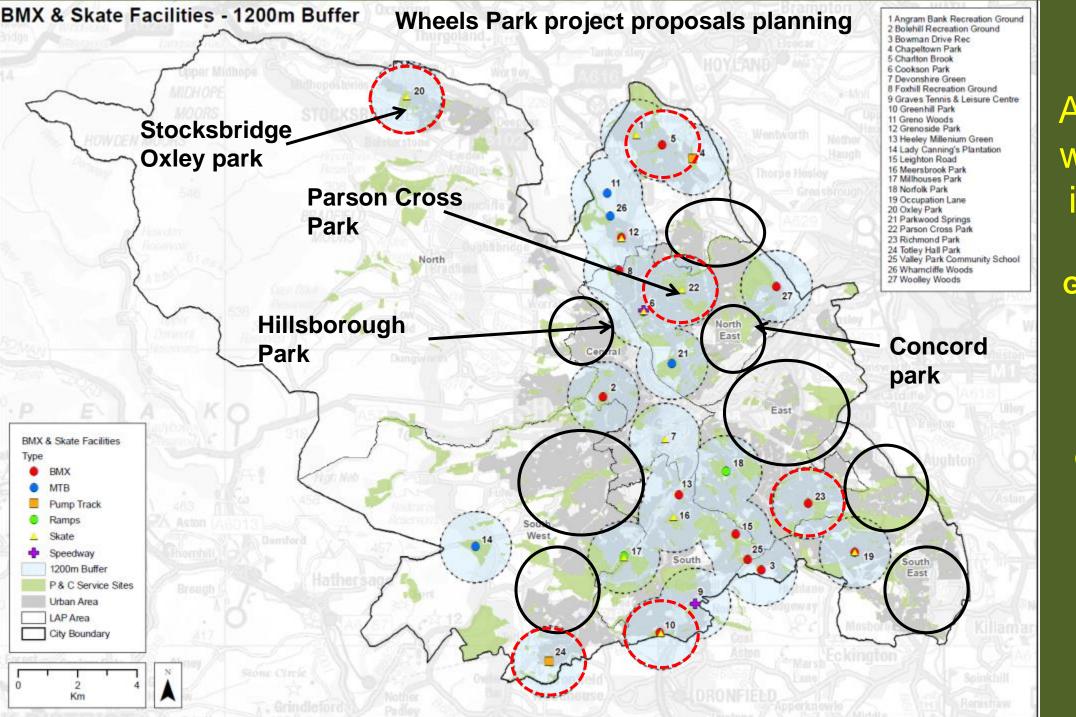






## **Woodthorpe Ravine – Green Space Re-design**



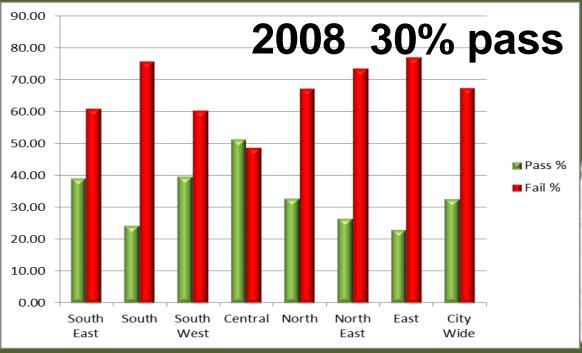


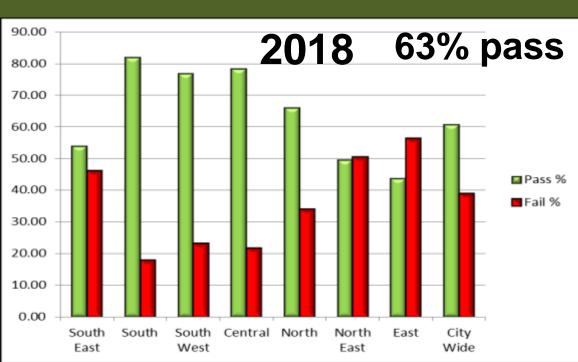
Strategic Approach to wheels park investment

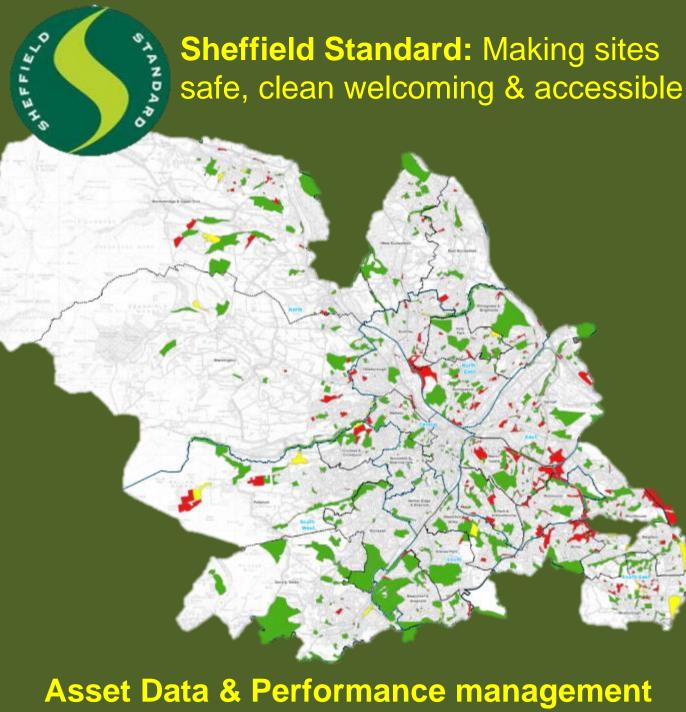
**Gaps in provision** 



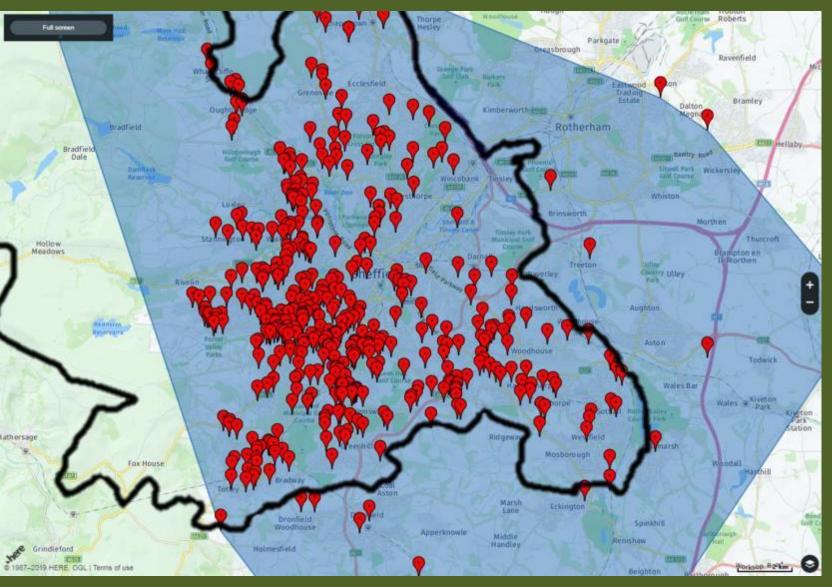








## P&C Customer Satisfaction Survey 2019



#### **Interim results**

- Open till mid-August
- 593 responses so far
- 84% Satisfaction
- 83% felt that green spaces contributed positively to mental health
- 80% felt green spaces contributed positively to physical health
- Where this was not the case reasons cited include:
  - Not enough play equipment
  - It's a bit run down
  - No accessible toilets
  - Lighting required
  - Because in other places in the city the children's play areas are far better than ours

## **Project Evaluation**

### **Norfolk Heritage Park**



## Marge, Friends of Norfolk Heritage Park

Marge, a dedicated member of the Friends of Norfolk Heritage Park who is passionate about the space and the improvements it's seen over the years

### Norfolk Heritage Park Play Renewal Project (£270k)

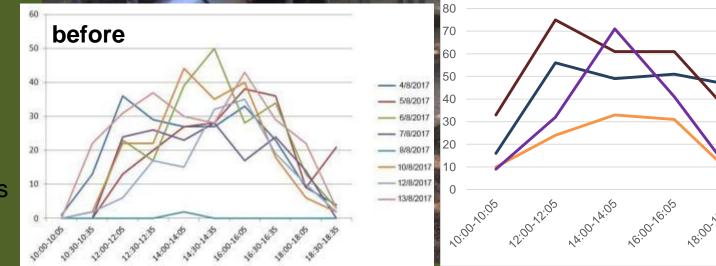
- 1. Annual independent inspection
- 2. Internal inclusivity audit
- 3. University students studies including questionnaires and visitor counts

#### **Results**

- 1. Play Value (before 79, after 103)
- 2. Inclusive play Audit (before 50.5 lots of weaknesses, after 85.5 good play area)

after

3. Increase in Green Flag score



## **Project Evaluation**

### **Duchess Road MUGA**



form of exercise

## Philadelphia gardens MUGA



#### **Philadelphia Gardens Basketballer**

Local to the area and regular park user who had witnessed the journey of the basketball court being misused, refurbished, and to it eventually becoming an asset to the community again

# IWUN: University of Sheffield

## Interventions that could benefit the mental health for Sheffield people

- 1. Improved access to green space
- 2. Cafes & toilets
- 3. Good Quality maintenance
- 4. Community Engagement staff
- Support for vol-com groups to animate green spaces

http://iwun.uk/

Next Steps
University intern

### **Evaluation**

### **Project Based**

**Duchess Road Basketballers -**

https://youtu.be/Fs\_ExZGQzb4

Norfolk Heritage Park Marge -

https://youtu.be/003DKbjLihs

Norfolk Heritage Park Richard -

https://youtu.be/1fx4lrfrENU

Philadelphia Gardens Basketballer -

https://www.youtube.com/watch?v=Vjiu6\_c4pHE

Philadelphia Gardens Helen -

https://youtu.be/ZHSyKKIRmxc

Customer Satisfaction Survey
Complete the survey!

http://bit.ly/SHEFFPKSURV19



