



APSE ADVISORY GROUP
MANCHESTER

“The Kitchen Social Model”

(Supporting Community #HolidayProvision)

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Today



- Update on Child Poverty News
- About the Kitchen Social Model
- Policy
- Research
- Supporting Holiday Provision

Child poverty in the UK

- 4.1 million living in poverty
- 67% in working families
- 28% attainment gap
- Cost £29bl per year
- ONS food prices rise 4.2% in last year
- YouGov - 1 in 4 parents skipping meals
- In 2016/17, Trussell Trust food banks provided 436,938 food parcels to children
- 365,000 children in UK live in 'Destitution'

UN Global report June 2016

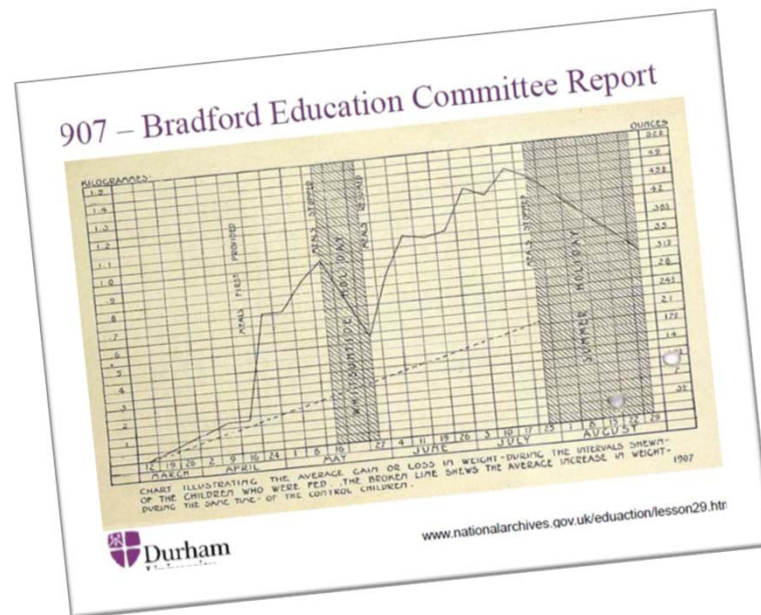
- UK failing monitor effectiveness of current child nutrition programmes

UNICEF report June 2017

- 1 in 5 UK children under 15yrs live in Food insecure homes
- 1 in 10 children under 15yrs live in severe food insecurity

Holiday Meal Provision in the UK


- **Historical issue**
- **No policy or funding**
- **Increase in Foodbank use**
- **837 Projects in UK 2017**
- **Affects all UK regions**
- **Projects vary in duration/delivery**
- **Significant family financial stress point**
- **New emerging area for research**
- **APSE survey (2015) of UK LAs 71% recognised issue**
- **111 LAs delivering**





Top Four Priorities for projects
1st Food, 2nd Play 3rd Childcare
4th Social Activities
 (Source - Northumbria University
 June 2016/17)


About Kitchen Social





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PRINCIPLES
Why does your organisation want to deliver holiday meals?
- 

PREMISES
Have you found the right venue for your project?
- 

PEOPLE
Have you agreed leadership for your project that has clear lines of responsibility to staff and volunteers, partners and funders?
- 

PREPARATION
How will you ensure your project is delivered well?
- 

PLAN
Have you worked out a budget for your projects?
- 

PROVISION
Have you considered all the elements that will make your project a good social experience as well as providing good food?
- 




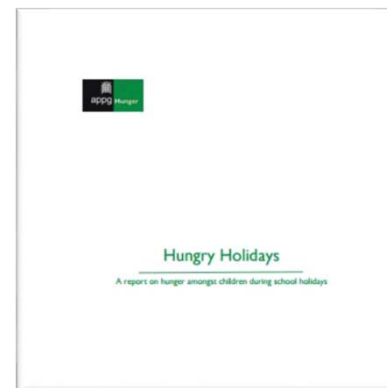
PARTNERSHIP
Have you contacted the right partners to help refer and deliver?
- 

PLATE
Have you considered your food options?
- 

POLICIES
Have you the right policies in place that protect your project and the children that will be in your care?
- 

PAUSE
Have you thought about the impact your project may have?

www.fillingtheholidaygap.co.uk





training

Covered in Training

- Auditing current status
- Partnerships
- Safe working practices
- Types of provision
- Research
- Marketing
- Impact/evaluation





Some UK examples



Meals & More





Research

- 9 Universities and 7PhDs underway in UK
- Children and families food secure
- Families less financially pressure/social isolation
- Reduced safeguarding issues
- Volunteer/skills/employment opportunities
- Supports child care for working parents
- Improved dietary intake/increased physical activity
- Keeps children learning

Out within last two weeks

Northumbria University – *‘Day out not a Hand out’*

Glasgow University – *‘The cost of school holidays for children from low income families’*

- DfE 2 million this summer , more in 2019
- Childhood Obesity Plan Mark 2!
- Universal Credit
- Breakfast Provision
- UIFSM uncertainty
- Childcare
- Childrens Future Food Inquiry





How can you help?

- Think 'Local'
- Existing Partnerships Youth/Housing/Voluntary/Health
- Resourcing – Venue/Staffing/Food/Menus
- Current holiday programmes – enhance food offer
- Delivering or Supporting
- Capacity for long term
- Marketing and Monitoring
- Training



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