

APSE Northern Region Forum and Annual General Meeting

Just what the doctor ordered!

Green and blue spaces – the routes to health and well-being



28 June 2019

Preston Park Museum & Grounds, Stockton –on- Tees TS18 3RH

Programme

10:00 Registration

10:30 **Session 1**

Green and blue infrastructure delivering the 3 E's – environmental, economic and everything else!

- What do we mean by a green and blue infrastructure?
- Identifying the benefits
- Where's the evidence?

Speaker: Wayne Priestley APSE Principal Advisor

Parks & Public Health in Sheffield

- Directing budgets to improve green & open spaces
- The decision making process
- Tackling health inequalities
- Monitoring success

Speaker: Jo Pearce Service Manager for Physical Activity, Sport and Health and Stuart Turner Green & Open Spaces Service Manager

11:15 Coffee break

11:45 **Session 2**

Delivering the Natural Health Service in Cheshire West & Chester

- Using our natural assets to reduce health inequalities across the borough
- Identifying the needs and providing solutions
- Communication the impact
- Sharing the lessons learnt

Clare Olver, Programmes Manager, The Mersey Forest

Promoting health and well-being: the role of green infrastructure

- Developing Stockton's green infrastructure to improve health and wellbeing
- Utilising Stockton's green infrastructure assets
- Challenges / opportunities / next steps

Speakers: Graham Clingan, Greenspace Strategy & Partnership Manager, Stockton-on-Tees Borough Council

12.30 APSE Northern Region AGM 2018

The APSE Northern Region AGM will be your opportunity to have your say in APSE Northern representation to our National Council and other important business.

The APSE Northern Region audited accounts statement will also be presented to the meeting and round-up of the year's regional activity. Please ensure your authority is represented at this meeting which is your chance to share in the governance of your APSE region.

13:00 Networking Lunch

Reserve your place by completing the booking form and email to scull@apse.org.uk or by completing the online booking form at www.apse.org.uk

About the forum

The Forum is an ideal opportunity for officers, elected members and local authority partners and trade unions to hear about how local authorities and their partners, are using their greenspace assets to improve public health as well as promoting healthier lifestyles.

The Forum will hear about how growing evidence is highlighting the benefits the better use of greenspace by local authorities and their residents brings to collective mental and physical health improvements, as well as delivering a wide range of other community benefits such as social cohesion and empowerment.

Improvements in mental and physical health, can bring about reductions in regional health costs in areas such as obesity, heart disease, low level mental health problems etc.

Greenspaces will become more important in guaranteeing sustainable communities, communities who want to live and work and just as importantly 'play' in their local areas. As government funding falls and there is a greater emphasis on local authorities raising funds through local council taxes and business rates, then having attractive local environments will become more important than ever in attracting and convincing people to move to, or stay in the locality.

This forum will show how some local authorities are already reaping benefits from investing time and money in their local greenspace environments.

Who should attend?

Elected members and officers who have a responsibility for overseeing the provision of an areas local environmental quality, which includes: parks and greenspaces, street scene, climate change, community engagement, health and well-being, planning and regeneration, regeneration, partnership development housing, finance, human resources and IT.

The venue

**Preston Park Museum & Grounds,
Yarm Road
Eaglescliffe
Stockton –on- Tees
TS18 3RH**

Free parking is available within both the main and overflow car parks.

Preston Park Museum & Grounds is about a 12 minute walk from Eaglescliffe Railway Station, operated by Northern.

The museum is on a well serviced bus route with a stop at the entrance to the grounds.

Contact details

Contact name Authority

Address

Postcode

Email Telephone

Please detail any special dietary or access requirements for the delegates listed below (including vegetarian/vegan)

Delegate Packages Exclusive of VAT

Whats included?

The delegate fee covers attendance, delegates' documentation, lunch and light refreshments. Please note that hotel accommodation is not included. A list of recommended hotels is available on request from scull@apse.org.uk

NORTHERN REGION MEMBERS: FREE ATTENDANCE

APSE member delegate fee: **£125 + VAT**

Non member delegate fee: **£199 + VAT**

Commercial delegate fee: **£239 + VAT**

Payment details

Please find enclosed cheque made payable to APSE

Please invoice me

(if required please include purchase order number) _____

VAT registration number 519 286 915

Delegate details

Delegate name	Position	Email

Please confirm that you are happy for APSE to retain your details so that we can send you information relevant to your area of interest. Your data will be used for sign in sheets, delegate lists and hotel lists (where relevant). If you are making a booking on behalf of other delegates please confirm that you have their permission to be included on our database. Our GDPR policy is available on our website: www.apse.org.uk.

CANCELLATION & REFUND POLICY: Reservation is a contract. Substitution of delegates is acceptable any time in writing by post, email to scull@apse.org.uk or fax to 0161 772 1811. Cancellations must be made in writing at least 10 working days before the event, and will incur a 20% administration fee. No refunds can be given for cancellations received less than 10 working days before the event or for non-attendance. In the unlikely event of cancellation by the organisers, liability will be restricted to the refund of fees paid. The organisers reserve the right to make changes to the programme, speakers or venue should this become necessary.

Register for the seminar:

1 Online form:
www.apse.org.uk

2 Email this form to:
scull@apse.org.uk