# City of Edinburgh Council's steps towards Net Zero Operational Estate (the story so far)

**APSE** 

**Building and Housing Services seminar** 

Glasgow

February 2024



### Our journey began in 2018/19 New build: certified passivhaus

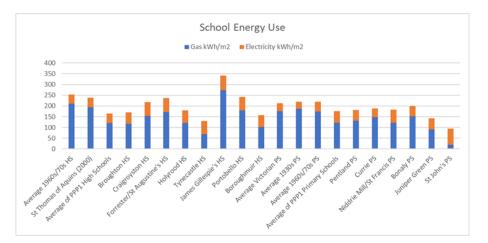






Key influencing factors:

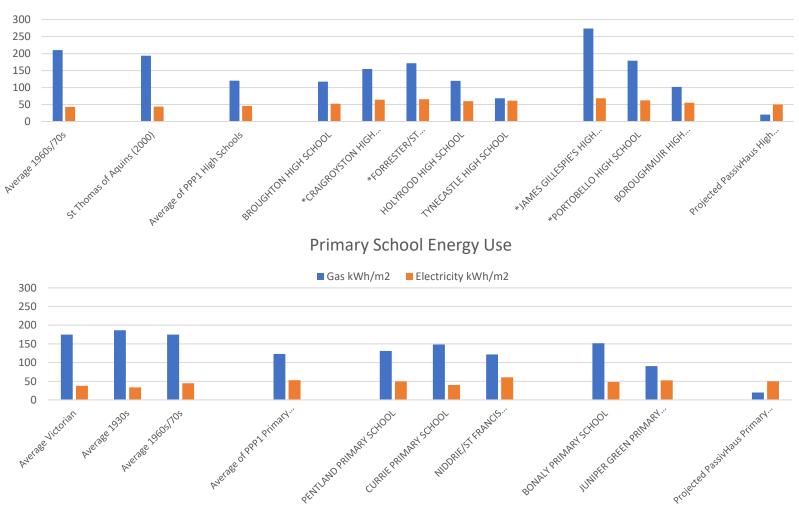
- Recognition of industry wide construction quality questions
- Poor comfort standards with respect to air quality and summertime overheating
- Disappointing energy performance of new build schools
- Challenging operational carbon targets to be addressed
- Need for system simplicity where possible





# The Energy Performance Gap (CEC 2018/19 data)

High School Energy Use



Olde

Gas kWh/m2 Electricity kWh/m2

- New build schools were not realising any significant improvements in energy performance.
- This 'performance gap' is a national issue across all sectors.

This is a basic overview for illustrative purposed based on 2018/19 data.

Detailed comparisons have to take account of variable energy consumption factors: \*swimming pools, community use, scale of catering operation, or system operational issues.

Even relatively new budlings could present a Retrofit challenge?

Newer



# Passivhaus delivers:

- Benefits from the assurance of expert third party Design and Construction certification process
- Delivers low energy
- Addresses performance gap
- Significantly contributes to construction quality
- Has indoor **comfort** criteria as a key driver
- A recognised international standard (transferrable knowledge) and avoids dilution of specifications which can be a risk for unproven bespoke approaches.
- Benefits from decades of research and delivery.
- Fabric first approach drives the correct design team behaviours

Market has responded positively: Forward thinking contractors have proved to be very keen to embrace the approach.





# Addressing the existing CEC Operational Estate

The **bigger challenge** from both a technical and funding perspective will be addressing the existing Operational Estate.

Excluding PPP/DBFM schools and Edinburgh Leisure properties, there are approximately 400 heated buildings across the Operational Estate which require to be addressed.

The variety of buildings is extensive:

30% are over 100 years old. 40% built within last 50 years.

There is also an opportunity to show leadership in setting out an approach to delivering this objective.

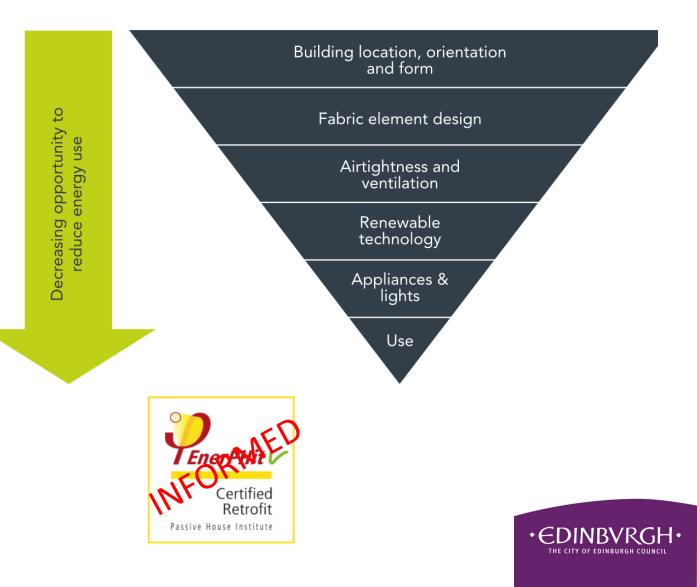






# The challenge in addressing existing buildings

- Existing buildings have greater limitations in delivering low energy solutions. Orientation and form are already fixed.
- However, there is still opportunity to improve the building fabric and airtightness.
- The Passivhaus disciplines provide a robust analytical approach to addressing building fabric.
- For retrofit of existing buildings the Passivhaus standard is Enerphit.
- Enerphit is a very deep level of retrofit and not affordable across the Estate
- However, CEC's Passivhaus experience with PHPP modelling pointed to PHPP as a key tool to inform any <u>retrofit</u> process.



# Learning from Passivhaus delivery, the power of PHPP modelling was identified (EiRP development)

#### **PHPP provides:**

Value in steering design decisions

Encourages iterative analysis

Robust

Accessible

#### Potential to inform retrofit

An Enerphit informed Retrofit Plan (EiRP) approach was developed with experts in this area. This approach delivers the required building analysis, setting out potential interventions to reduce energy consumption prior to support deployment of ZDEH primary plant (or connection to a local Heat Network etc.)

Passive Ho	use Verification						
			Building:	Currie Commun	ity High School		
			Street:	Edinburgh			
			Postcode/City:				
/			Province/Country:	Scotland	GB-United King	dom/ Britain	
			Building type:	Educational. Th	rough school		
			Climate data set:	GB0016a-Dunde	ee		
			Climate zone:	3: Cool-tempera	te Altitude of location:	140 m	
		$\sim$	Home owner / Client:	City of Edinburg	ah Council		
			Street:				
			Postcode/City:				
			Province/Country:				
Architecture:	Anabituna		Mechanical engineer:	Dubka C2			
Street:	Arcmype		Street:	RyDKaES			
Postcode/City:			Postcode/City:				Calculation electricity / Internal heat gains
Province/Country:			Province/Country:				Building type: 2-Non-residential building
							z-Non-residential building
Energy consultancy:	Architype		Certification:	WARM			
Street:			Street:				Internal heat gains
Postcode/City:			Postcode/City:				Utilisation pattern: 21-School
Province/Country:			Province/Country:				Values: 4-PHPP calculation ('IHG non-res' worksheet)
Year of construction:	2020	Inte	erior temperature winter [°C]:	19.0	Interior temp. summer [°C]:	25.0	
No. of dwelling units:	1	Internal heat gains	s (IHG) heating case [W/m <sup>2</sup> ]:	3.2	IHG cooling case [W/m <sup>2</sup> ]:	3.2	Occupancy
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### Pilot Study initiated July 2020

This presentation provides a brief overview of the EiRP feasibility study, including:

- Initial site investigations
- Liberton Nursery analysis, options/costs
- Brunstane PS analysis, options/costs
- EiRP rolled out across increasing number of CEC buildings
- Methodology and brief shared on collaborative basis with Forum
- Approach adopted by number of other Scottish Local Authorities
- The flexibility of the process (PHPP modelling)
- Next steps around typologies and information sharing

Graphs and images in this presentation have been extracted from reports for CEC developed by the identified delivery team. The majority of tables and images are attributable to Architype



NEKEUKA. VKCHILAHE







### Pilot Study , on site investigations





Two buildings selected for the Pilot to take to a feasibility 'investment decision' stage.

Liberton Nursery and Brunstane PS

- These were selected as they presented very different challenges
- The initial work included significant building investigation and testing:
  - Air leakage pressure testing
  - Opening up to have certainty of main fabric element make up
  - Thermal imaging
  - Insulation (U value ) on site testing

In addition, where necessary, the buildings were 3D scanned to facilitate the required analysis and minimise on site survey time.

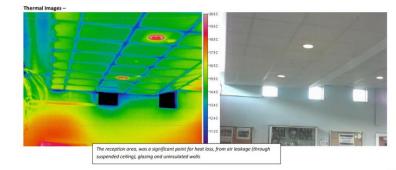
Fan set up at Brunstane Primary School



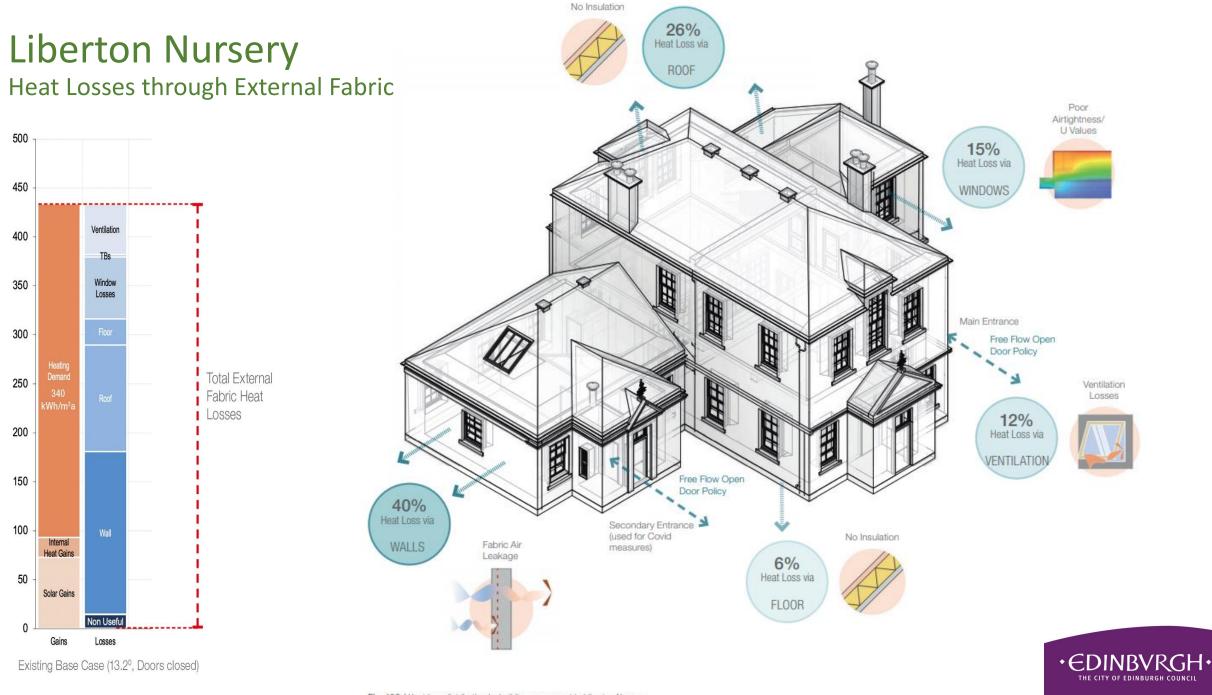












### Liberton Nursery

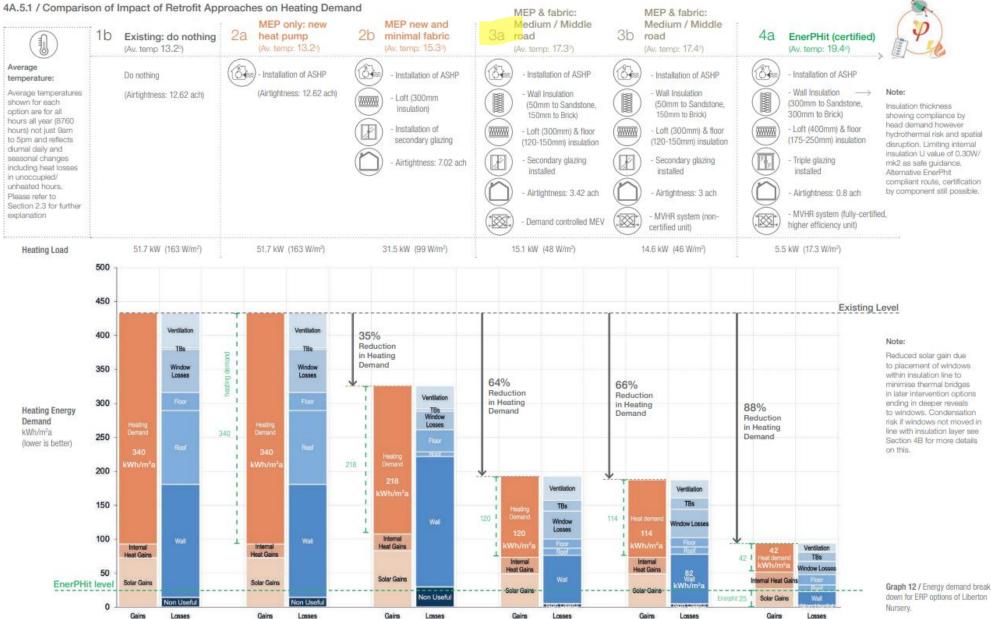
#### **Comparison of Retrofit Approaches**

Gains

#### Note: Internal wall insulation Insulation approach to be balanced with wall requirement to breathe (interstitial condensation can be a

risk) For lesser specifications, secondary glazing has been considered to preserve appearance

#### Some Enerphit 4a proposals could be impractical (subject to design development)



Losses

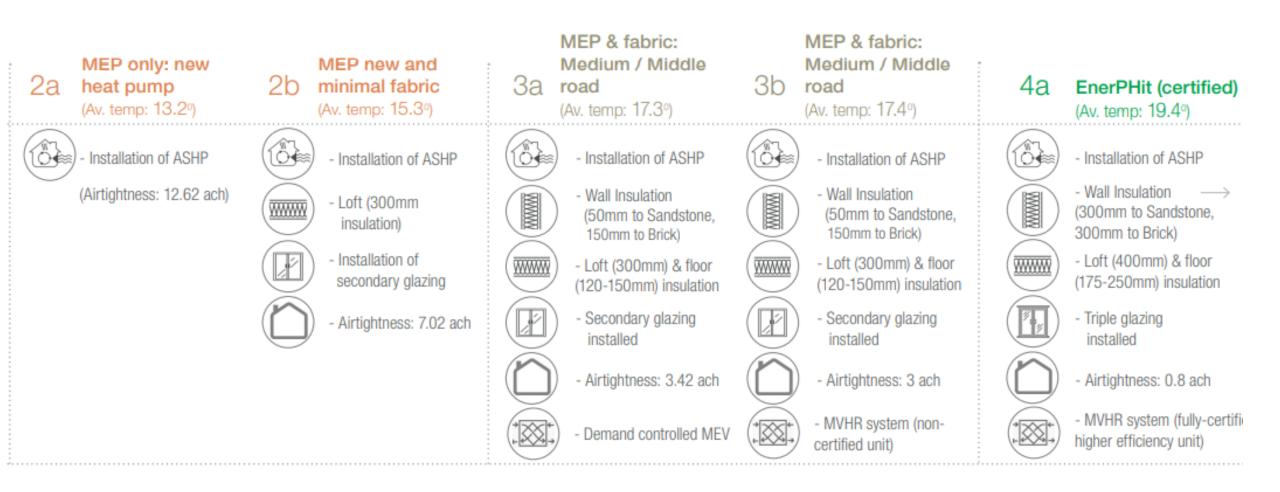
Losses

down for ERP options of Liberton

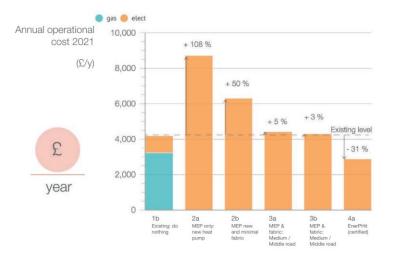
Losses

### Liberton Nursery

Comparison of Retrofit Approaches (zoom in)



### Wider Analysis undertaken: Liberton Nursery

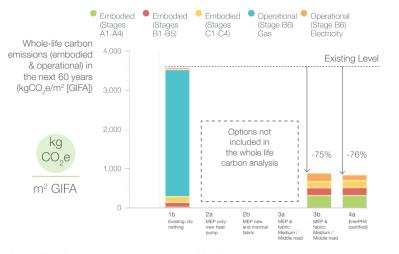


#### Key Results

Operational costs increase from 1b to 2a.

- Only option 4a 'EnerPHit' shows a considerable improvement in annual energy costs (2021 rates).
- The middle road options (3a / 3b) match the cost of the existing building (1b).

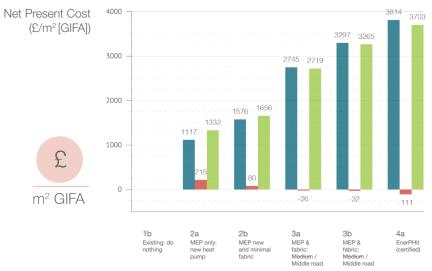
#### 2021 data



#### Key Results

- Whole life carbon emissions for refurbishment scenarios are almost 75% and 76% lower than scenario 1b, as a result of reduced energy use and the move from gas to electricity.
- The impact of the additional embodied carbon for refurbishment is minimal over the life-cycle emissions of the building.

#### 🔵 Capital 🛑 Savings 🛑 Total



Graph 20 / Net Present Cost of retrofit showing offset of capital investment over the next 30 years (£/ year).

Annual Operational costs £/year for each level of Retrofit Based on a conservative ASHP SCOP of 2.4 there is a need for a significant level of retrofit to deliver costs similar to current gas fired solutions

#### Whole-life carbon kgCO2e/m2(GIFA)

Additional embodied carbon for deeper retrofits is offset by operational carbon reduction

 Net Present cost (offset of capital investment over 39 years) Based on 2021energy costs, this is not a building specific return on investment decision, more a carbon decision.

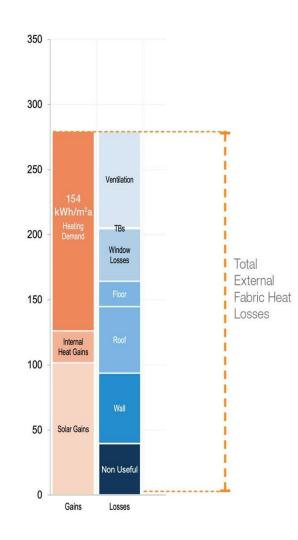
Graph 16 / Whole life carbon emissions over the next 60 years (kgC0\_e/m2/60 years) - Liberton.

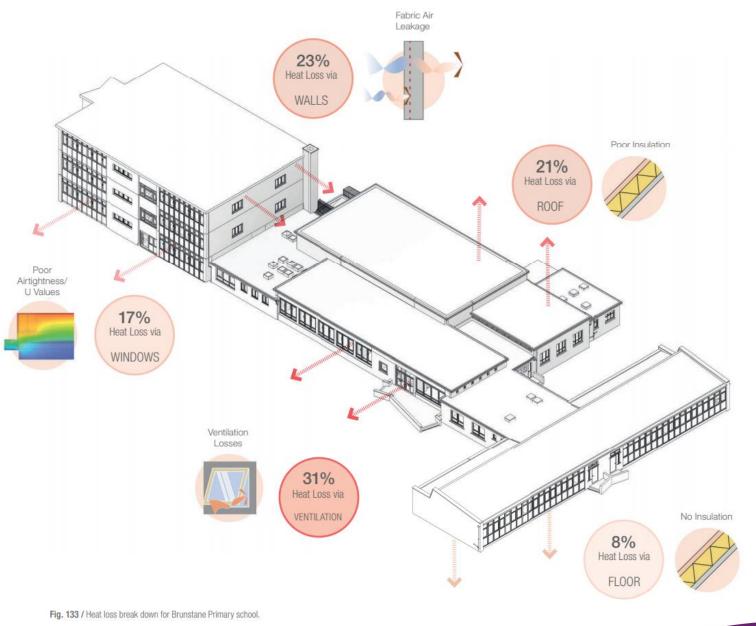
### Liberton Nursery (summary to inform investment decision)

0	1	2	3	4	5	6	7
	Heating Demand	Heating Demand Reduction against Baseline	Annual Operational Cost 2021 2	Capital Construction Cost <sup>3</sup>	Savings on Annual Operational Cost over 30 years <sup>4</sup>	Reduction in Operational CO <sub>2</sub> Emissions against Baseline <sup>5</sup>	Risk to Indoor health and to Building Fabric <sup>6</sup>
	kWh/m²/yr [GIFA]	%	£	£ and £/m² [GIFA]	£/m² [GIFA]		
Option 1: Existing, Do Nothing	340	N/A	£4,192	N/A	N/A	N/A	Unknown
Option 2A: MEP only (New Heat Pump)	340	0%	£8,721 ( <b>+108%</b> )	<b>£423,000</b> (£1,117/m²)	+ £215	87%	Unknown
Option 2B: MEP & Minimal Fabric	218	35%	£6,304 ( <mark>+50%</mark> )	<b>£597,100</b> (£1,576/m²)	+ £80	90%	Unknown
Option 3A: MEP & Fabric (Middle Road, MEV)	120	64%	£4,413 (+5%)	<b>£1,040,100</b> (£2,745/m²)	£26	93%	Medium
Option 3B: MEP & Fabric, (Middle Road, MVHR)	114	66%	£4,308 (+3%)	<b>£1,249,200</b> (£3,297/m²)	£32	93%	Medium
Option 4A: EnerPHit (Certified) <sup>7</sup>	42	88%	£2,890 (-31%)	<b>£1,445,500</b> (£3,814/m²)	£111	96%	Low

### **Brunstane Primary**

Heat Losses Through External Fabric







### **Brunstane Primary**

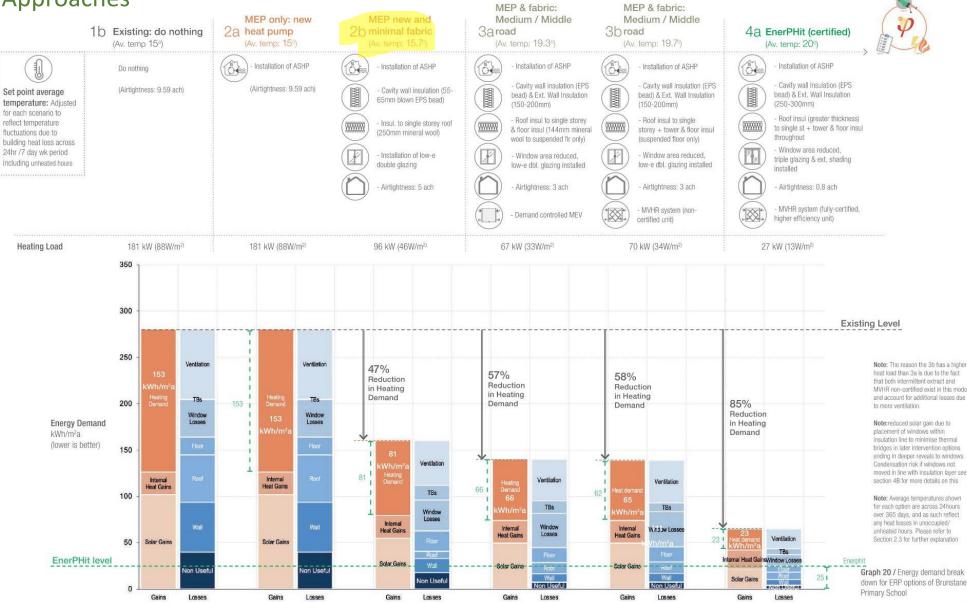
#### Comparison of Retrofit Approaches

Note:

#### External wall insulation

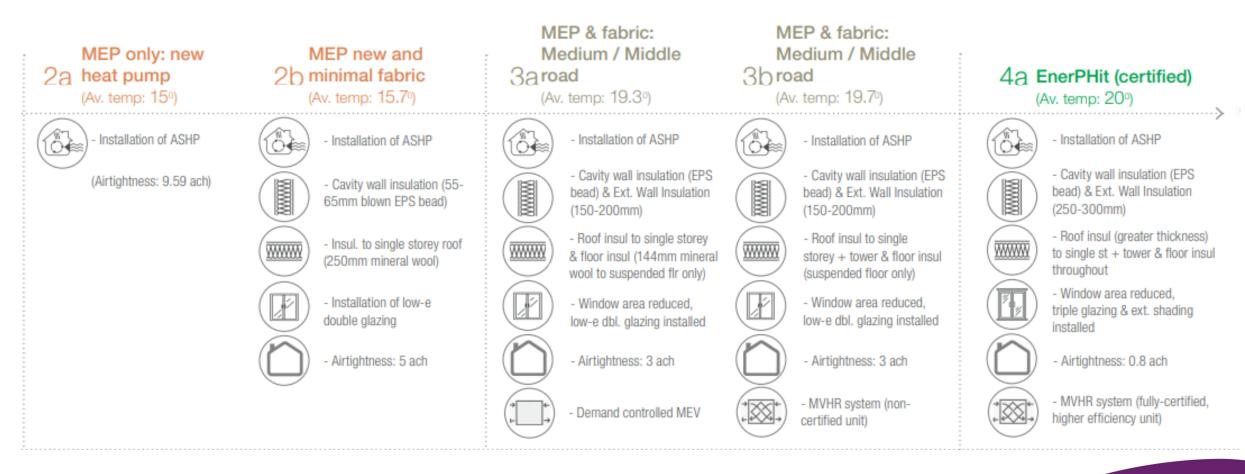
Potential to reduce overall window area and provision of low-e glazing to address reported overheating issues

For airtightness of 3 and below MVHR required. Also addresses classroom ventilation concerns.



### **Brunstane Primary**

# Comparison of Retrofit Approaches (zoom in)





### Brunstane Primary (summary to inform investment decision)

0	1	2	3	4	5	6	7
	Heating Demand	Heating Demand Reduction against Baseline	Annual Operational Cost 2021	Capital construction Cost	Savings on Annual Operational Cost over 30 years	Reduction in Operational CO <sub>2</sub> Emissions against Baseline	Risk to Indoor health and to Building Fabric
	kWh/m²/ yr [GIFA]	%	£	£ and £/m² [GIFA]	£/m² [GIFA]		
Option 1: Existing, Do Nothing	154	N/A	£17,789	N/A	N/A	N/A	Unknown
Option 2A: MEP only (New Heat Pump)	154	0%	£29,702 ( <mark>+67%</mark> )	£1,518,100 (£629/m²)	+ £80	89%	Unknown
Option 2B: MEP & Minimal Fabric	81	47%	£20,277 ( <mark>+14%</mark> )	£2,947,500 (£1,220/m²)	£2	92%	Unknown
Option 3A: MEP & Fabric (Middle Road, MEV)	66	57%	£19,135 ( <mark>+8%</mark> )	£5,221,500 (£2,161/m²)	£12	93%	Medium
Option 3B: MEP & Fabric, (Middle Road, MVHR)	65	58%	£18,849 (+3%)	£5,657,500 (£2,341/m²)	£15	93%	Medium
Option 4A: EnerPHit (Certified)	23	85%	£13,994 (-21%)	£7,080,900 (£2,930/m²)	£57	95%	Low





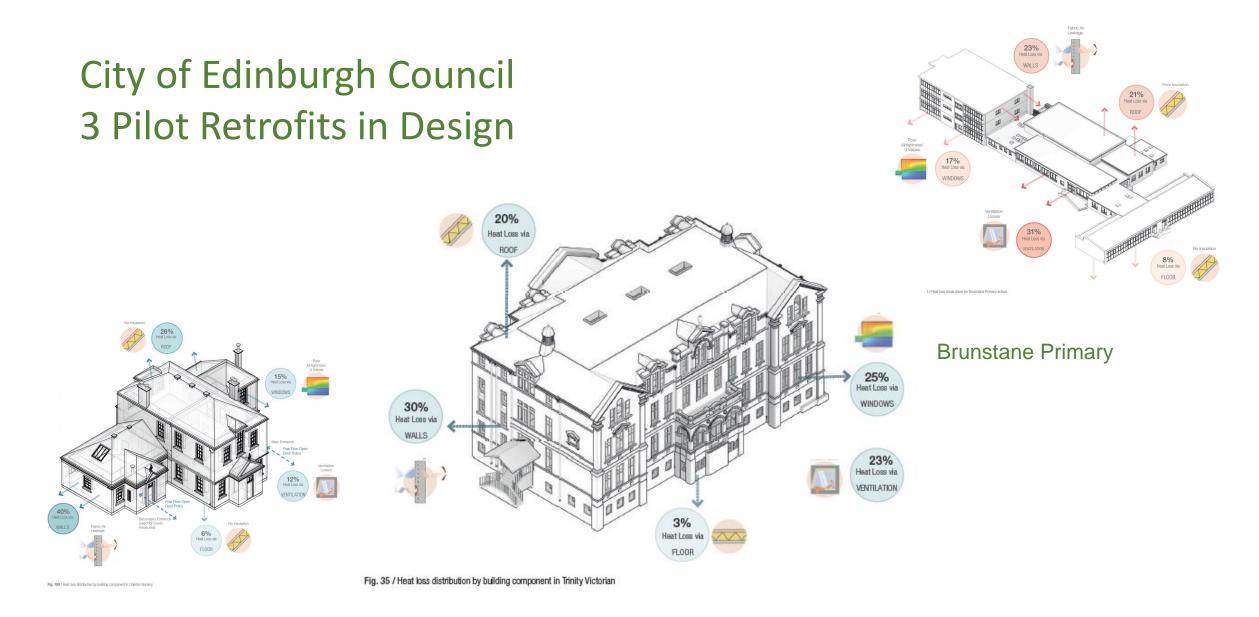
### Passivhaus and Retrofit projects in delivery

- New builds are being delivered to certified Passivhaus (with LZC primary plant)
  - Current commissioned projectsRIBA StagePrimary School annex building7Community High School (inc. pool)5Primary School5High School (inc. surgery, library, café, police office etc)5High School main teaching block4Primary school4Secondary School main teaching block and an EiRP refurb3Primary school0
- Enerphit <u>informed</u> Retrofits (EiRP):

Two pilot education properties plus Grade B block on above secondary school





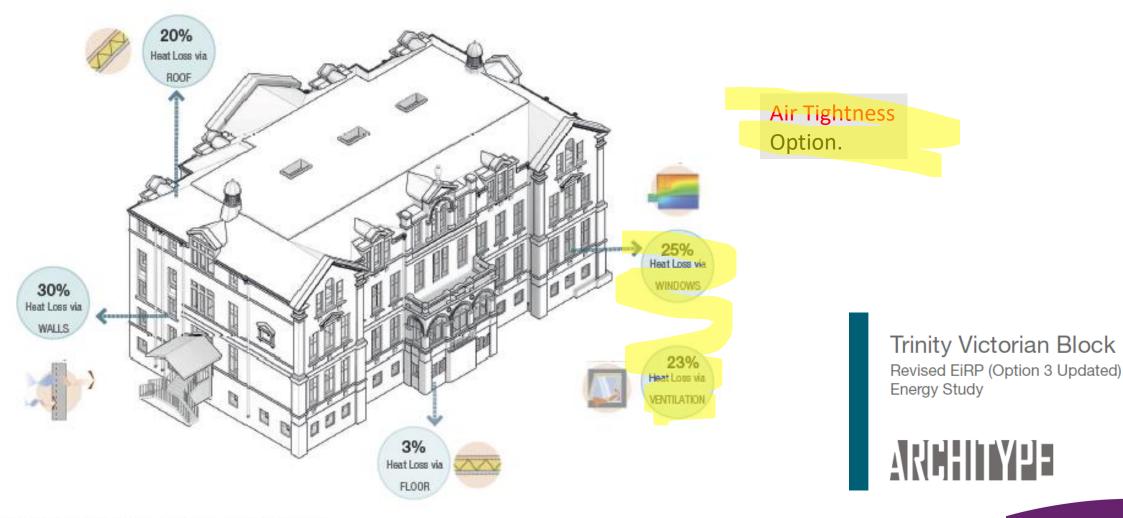


Liberton Nursery

Trinity Block A



### **CEC's Retrofit Related Workstreams**



• EDINBVRGH •

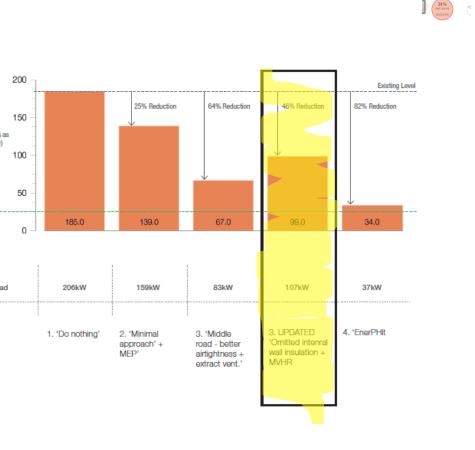
### **CEC's Retrofit Related Workstreams**

Trinity Academy - EiRP Revised (July 2023)

#### **Retrofit Strategies**

Trinity Victorian Block Retrofit Plan

200 Heating Demand Enerphit kWh/m²a 25% Reduction Standard Criteria 150 'EnerPHIt Approach' 'Do nothing' Minimal approach + "Middle road" Bette airtightness + extract (via component ACD? (Calculated using TFA as method) vent. in PHPP methodology) 100 (lower is better) 100mm existing Imenim wen mmC )mm new minera 400mm new mineral ol loft insulation, ol loft insulation, mineral wool in s vooi loft insi wool loft insulation, 200mm PIR Insulation flat roof areas mm PIR insulation mm PIR Insulati (2000) in pitched roof areas. 50 Roof insulation pitched roof areas pitched roof areas mm PIR to dorme mm PIR to dormer EnerPHit Level hooks ooks 185.0 139.0 00mm XPS, New Ground floor (1000) 0 oncrete floor to be insulation hebb Wall insulation\*\* 50mm wood fibm 00mm wood fibre nternally with intermally with plasterboard service lasterboard service one one stallation of double condary double stallation of high 206kW 159kW Heating Load ( Glazing/ windows low-E glazing low-E glazing erformance triple lazing (low-E, argon intervention Unimproved U-value of 3 W/m2K Inimproved U-value prove to U-value nprove to U-value of f 3 Wm2K 1 W/m2K, Glazed PH 2 W/m2K. Composite Doors timber aluminium doors with composite 1. 'Do nothing' 2. 'Minimal doors with glazed amos approach' + anels MEP' Installation of (A) Installar tallation of ASHP stallation of ASHF stallation of ASHP MVHR (PH certified) (133) emand controlled Ventilation adated for minimal as existing Intervention moliance 6 W/m2, New LED 6 W/m2, New LED Wm2, New LEI 6 W/m2, New LED Lighting 12 W/m2 luminaires luminaires luminaires Average 19.4 °C 14.6 °C 15.6 °C 15.3 °C 19.3 °C temperature\* <1 ACH Airtightness @50 Pa 6.5 ach 6 ach 0.8 ach 3 ach Redecoration Redecoration Redecoration Repairs/ throughout. New throughout. New throughout. New Redecoration plpework & emitters pipework & emitters powork & emitters External Works / Repairs to ground Repairs to ground Repairs to ground and boundary walls and boundary walls and boundary walls Drainage required. Repairs to required. Repairs to required. Repairs to external stepped external stepped external stepped ocesses and ramps. ccesses and ramps accesses and ramps.



#### Power and accessibility of PHPP modelling





### Collaboration

Passivhaus and Retrofit Delivery Forum

CEC shared outline EiRP briefing document

#### Passivhaus and Retrofit Delivery Forum (informal group established and chaired by CEC)

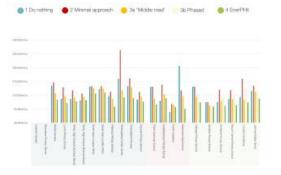
- Aberdeenshire
- CEC\*
- East Ayrshire\*
- Fife\*
- Glasgow
- Highland
- Midlothian\*
- Moray
- Renfrewshire\*
- Perth and Kinross\*
- Angus\*
- PHT
- BE\_ST
- (SFT)
- HES (proposed monitoring and technical paper for Liberton Nursery and Trinity Block A)

\* Enerphit Informed Retrofit collaboration and results sharing



# Combined dataset from retrofit studies

4 developed retrofit scenarios x 26 buildings



Graph containing data from retrofit studies already completed for 23 buildings.

As more buildings are added to the dataset the sample power (the probability of correct inferences) increases.



### **Next Steps**

Opportunity to further analyse wider findings with aim to share across Public Sector

Extracts from proposal

# PERFORM+ ARTHUYPE

Retrofit Research Study: Proposal for the Analysis of combined EiRP Dataset Energy Consultancy

REF / 10422 Issued 2 August 2023



### Approach

Data analysis of combined dataset (EiRP studies) to determine building typologies to facilitate 'typology based' indicative cost and performance of retrofit interventions.

Present an example set of retrofit measures (say 3 levels of intervention) for each typology represented in the sample

Discuss potential challenges/risks/strengths of each level of intervention for each typology. Also considering characteristics such as internal environmental quality, user disruption (decant), risk to fabric and heritage considerations.

Key that report is in accessible language with technical information and methodology provided in Appendices.

Collaborative culture. All participants have agreed to make their feasibility study findings available for inclusion in the final paper. Table 1. Buildings from already completed and ongoing EiRP studies included in the combined dataset.

Building	Scale	Construction era	
Lorne Primary School - CEC *	Medium scale	Built between 1870-1940	
Hillhead Primary School - EAC	(1,500 - 10,000 m²)	Buildings in the sample were	
Johnnie Walker Bond - EAC *		built between 1870 and 1900 and in the 1930s. No	
Trinity High School (Victorian Block) - CEC *		buildings from the period 1900s - 1920s	
Penicuik High School (Older block) - Midlothian Council *		18008 - 18208	
Moffat Nursery - CEC	Small scale (GIFA < 400 m²)		
Liberton Nursery - CEC			
South East Locality Office - CEC	Medium scale	Built between 1950 and	
Inverbrothock Primary School - Angus Council	(1,500 - 10,000 m²)	2000	
Onthank Primary School - EAC			
Brunstane Primary School - CEC			
Mount Carmel Primary School - EAC			
Ferryhill Primary School - CEC			
Trinity High School (Science Block) - CEC			
North West Locality Office - CEC			
Hillwood Primary School - CEC			
Penicuik High School (Newer block) - Midlothian Council			
Greengables Family Centre - CEC	Small scale (GIFA < 400 m²)		
Greengables Nursery - CEC			
Perth Grammar School - HubEC	Large scale (GIFA > 10,000 m <sup>2</sup> )	Built in the 1970s	
Loudoun Academy - EAC			
Balwearie High School - Fife Council *			
Forfar Academy - Angus Council	Large scale	Built in the 2000s	
Muirkirk Primary School - EAC	Medium scale	Built after 2010	
Brediland Primary School - Renfrewshire			
East Fulton Prmary School - Renfrewshire			
Newmains Primary School - Renfewshire		• EDINBVRGH•	
* Grade B listed building		THE CITY OF EDINBURGH COUNCIL	

\* Grade B listed building

### Example of emerging patterns

which may not be initially apparent when suggesting typologies/archetypes (e.g., Form Factor) :

 $(\text{}^2/\text{m}^2)$  for

#### Form Factor = Total heat loss area ÷ floor area

The Form Factor of a building is key in low energy design because it tells you how thick your insulation has to be. If you can halve the form factor (ie, simplify the building's shape) you can halve the wall insulation you need to get the same thermal performance.

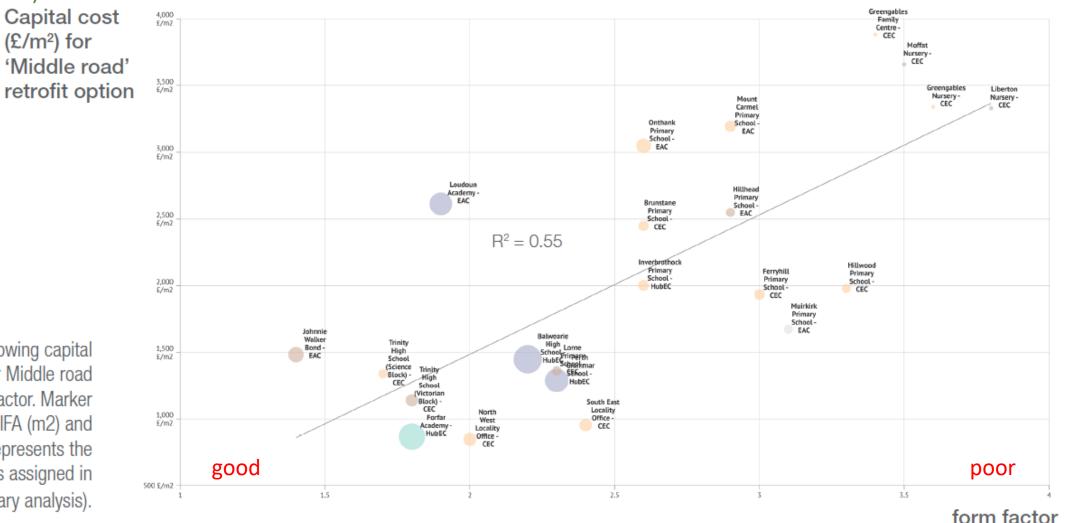


Figure 8. Graph showing capital cost (£/m2) for Middle road option vs. form factor. Marker size represents GIFA (m2) and marker colour represents the building typology (as assigned in preliminary analysis).

### **CEC's Retrofit Related Workstreams**

Heat map in production for CEC buildings identifying anchor loads.

Contribute to wider public sector heat map

Anchor loads (over 500MWh/annum identified)

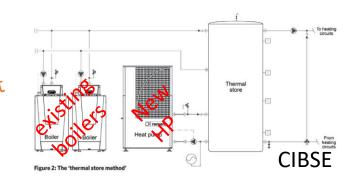
Funding case being made for Gracemount Heat Network where many buildings in CEC control.



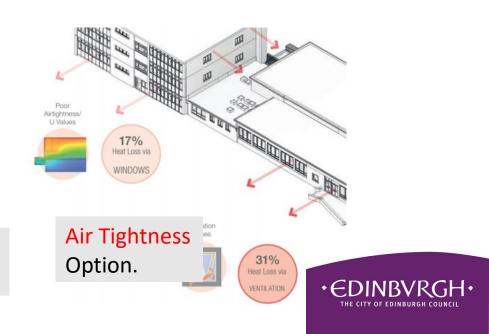


NZPSB for Existing Buildings. 'Beta Test'





Bivalent type Heat Pump deployment ('fast and dirty' <u>interim</u> approach).



### CEC Challenges/Observations so far:

#### New build (Passivhaus):

Optimise any new builds. This is the 'easy' opportunity. CEC have adopted Certified Passivhaus.

The market/supply chain has responded positively.

Some parts of the sector promote a Passivhaus 'Principles' approach ducking the rigour of certification etc. This has potential risk of diluting the approach and repeating the Performance Gap. The Performance Gap is more of an issue for clients and building operators and not an issue for 'new build' delivery teams who promote the approach.

Embodied carbon and more critically the circular economy is the emerging area of increased focus.

#### Retrofit (EiRP):

- Any mid -level or deep Retrofit costs are significant!
- All retrofits will attract risk of scope creep (condition and suitability)

Retrofit is not the normal return on investment thinking, it's a cost to transition to low carbon

How deep to take a retrofit remains a challenge

Low carbon solutions are not necessarily low energy solutions. Low carbon can be readily delivered but with risk to electricity network capacity.

User disruption will be significant, challenging schools and residential care facilities.

Need to be open and responsive to changing knowledge and technologies / Betamax fear





# Going forward

- New build: Passivhaus with deployment of ZEDH primary plant or Heat Network connection.
- There will be ongoing challenge around construction/retrofit related costs and associated operational costs.
- Embodied carbon (and circular economy) will be area of increasing focus
- We expect greater focus on the case for Refurbishment where possible rather than new build. PHPP EiRP can inform the investment decision.
- Recognise a need to be flexible in responding to emerging technologies, emerging best practices and opportunities.



Picture taken at early days of CEC journey (March 2019 student climate protests Holyrood, 5 years ago)

