

# Adult Early Help

Supporting people throughout Cambridgeshire by agreeing a joint plan to:-

- improve wellbeing
- maintain independence &
- create sustainable long term solutions that reduce the need for long term care

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**Senior Occupational Therapist**

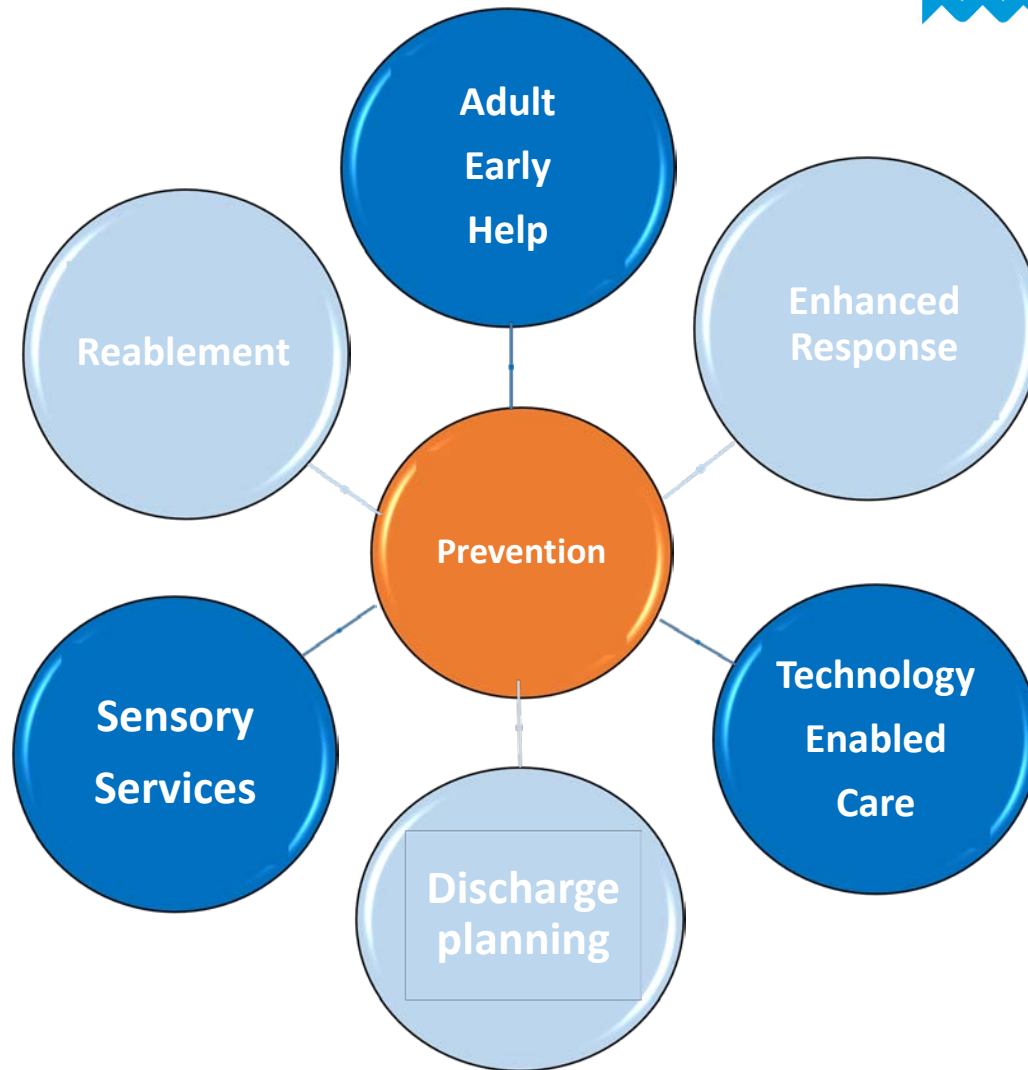
# Preventing the need for care and support

We provide...

“...services that help prevent people developing needs for care & support,

or delay people deteriorating such that they would need ongoing care & support”

The Care Act 2014



# Who are Adult Early Help?



# Purpose of Services

## Increasing:

- ✓ Independence
- ✓ Choice and control
- ✓ Use of community support
- ✓ Self-care opportunities
- ✓ Support for informal carers

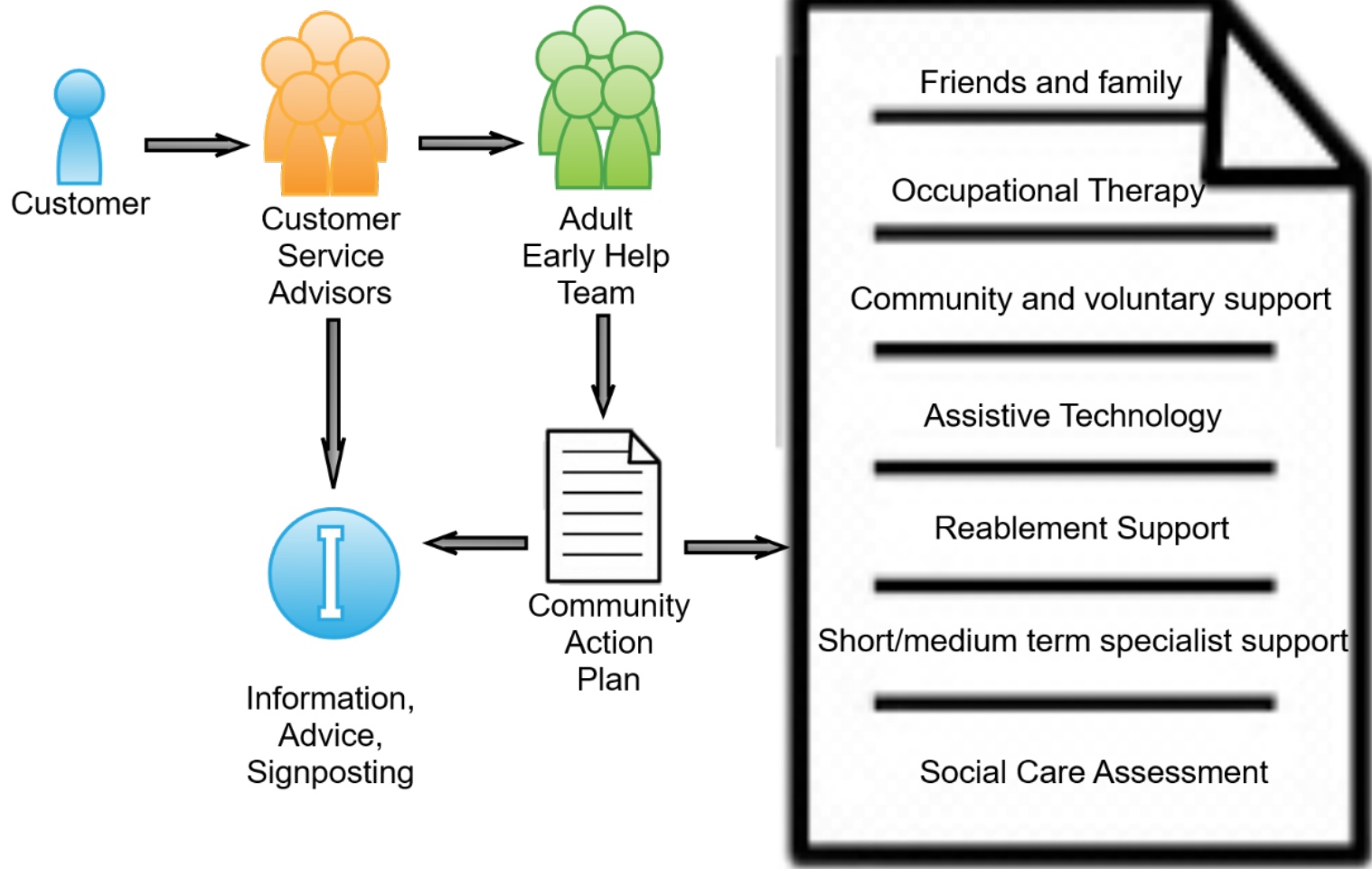


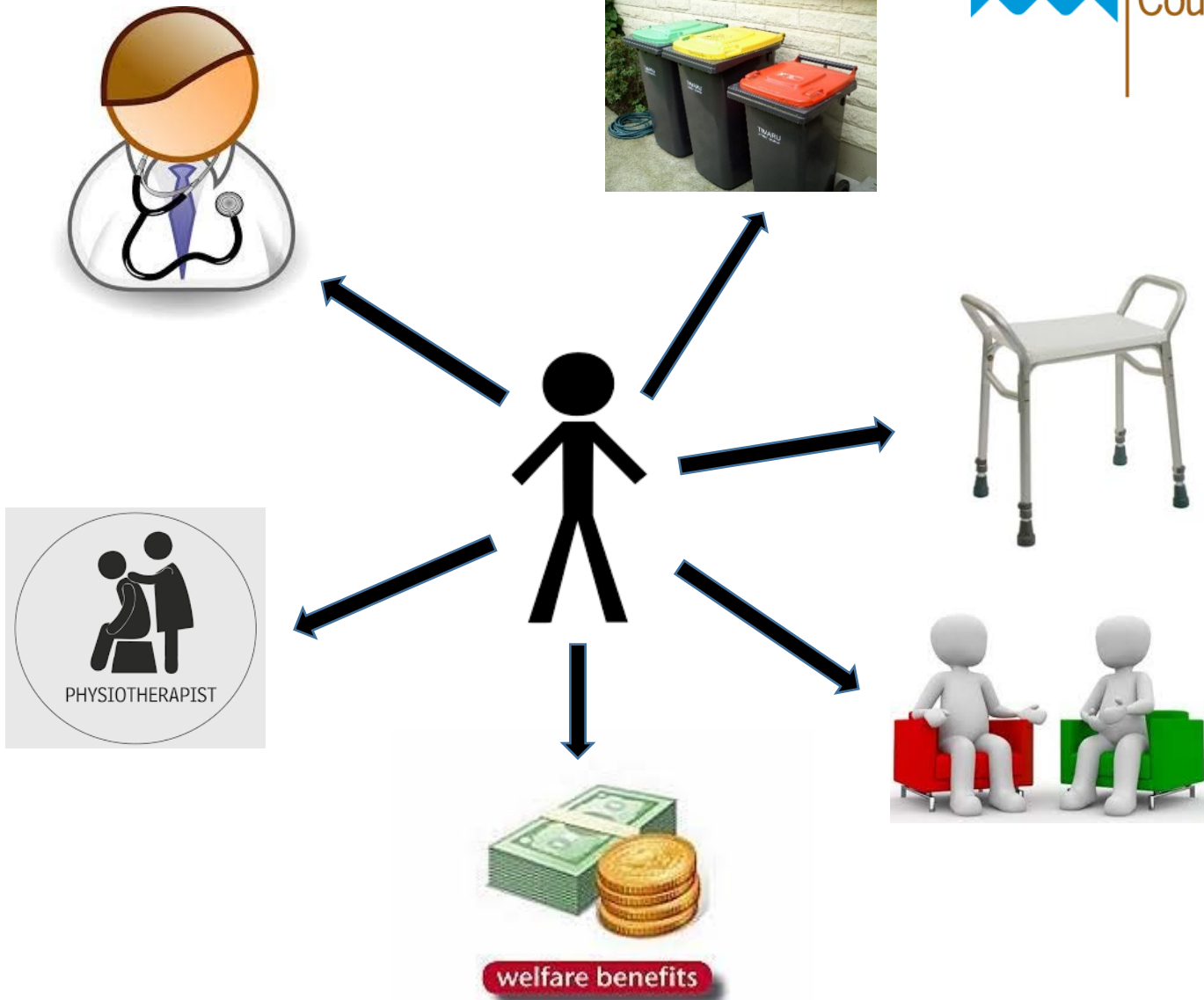
## Reducing:

- Hospital admissions
- Crisis
- The need for formal support
- Dependency on others
- Waiting times

# Areas of support

Housing  
Health Welfare benefits  
Dementia/cognition  
Advice to professionals Hoarding  
End of life  
Personal care  
Alcohol/ Substance misuse  
Social Isolation Homelessness  
Mobility/transfers/falls  
Self neglect  
Mental Health







“For far too long people’s needs assessments have been driven by the service on offer or that can be provided in a particular area...

Such an approach fails to recognise the richness and complexity of people’s lives and fails to support or promote truly person-centred care.”

Care Quality Commission

**For further information:**

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**Team Manager - Stuart Brown**